



DC Psychological
Association
Estd. 1947



ADVOCACY IN MILITARY PSYCHOLOGY SUMMIT

NOVEMBER 6 - 7 2019
CALDWELL AUDITORIUM
CATHOLIC UNIVERSITY
WASHINGTON DC

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ADVOCACY IN MILITARY PSYCHOLOGY SUMMIT



The Society for Military Psychology (Division 19, American Psychological Association) and the Washington, D.C. Psychological Association (DCPA) are sponsoring a two day summit on advocacy and military psychology at Caldwell Auditorium, Catholic University in Washington, D.C., November 6–7, 2019. On Day 1, panel presentations focus on topics such as suicide prevention, veteran transition issues, trauma and moral injury, leadership and coaching, and many more. These panels will be led by Division 19 “think tank” chairs and other subject matter experts, who will discuss their work in these areas of advocacy in order to increase awareness of the vital role psychology plays in our military. On Day 2, multiple community organizations will provide overviews of their work in advocating for military and veteran issues, and afterwards, participants and panel presenters will break into smaller groups to offer consultation and collaboration.

We invite members of our military and psychology communities, students considering careers in military/veteran psychology, and those who are non-military but interested in learning more about how to best serve our active duty and veterans, and who want to collaborate with community organizations. Remote participations are also available via webinar, and we are grateful for Center for Deployment Psychology for providing webinar support.



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0730 Registration

0745 Welcome from the Summit Program Chair

CAPT Arlene Saitzyk, PhD

0750 Opening Remarks from APA President

Rosie Phillips Davis, PhD

0800 Opening Comments from DCPA President

Susan Stafford, PhD

0805 Leading the Way: Military Psychology from DIV 19 President

COL (Ret) Stephen Bowles, PhD

0815 Advocacy Work for and in the Military

Heather Kelly, PhD

0830 Military to Civilian: Veteran Transition (1 CE)

Nate Ainspan, PhD Kristin Saboe, PhD

Assessment & Selection

CDR Tatana Olson, PhD

0930 Trauma and Moral Injury (1 CE)

Michelle Kelley, PhD CPT Gim Reo, MS CAPT (Ret) Bart Buechner, PhD

1030 Break

1045 Suicide (1 CE)

*COL (Ret) Bruce Crow, PhD Craig Bryan, PhD, David Jobes, PhD
Jessica Gallus, PhD LCDR Stephanie Long, PhD*

1145 Lunch

1245 Model Program Plenary Session (1 CE)

*Real Warriors LoneStar Warriors
inTransition Mission: At Ease*

1345 Coaching/Leadership (1 CE)

*COL (Ret) Stephen Bowles, PhD Col (Ret) Carroll Greene, PhD Greg Ruark, PhD
CAPT Scott Johnston, PhD LTC Jim Butcher, PhD*

1445 Break

1500 Technology & Telehealth (1 CE)

*Tim Hoyt, PhD Katt Rahill, PhD Greg Reger, PhD
Skip Rizzo, PhD Laura Myhr, PhD*

1600 Mega Panel (1 CE)

Mindfulness

*COL (Ret) Stephen Bowles, PhD
LCDR Kathleen Saul, PhD*

Prescribing

*LT Kyle Bander mann, PhD
LT Marcus VanSickle, PhD
Beth Bom-Rymer, PhD*

1700 Social Hour

TBD

WED
6
NOV

AGENDA



Note: Program is subject to change.

*In order to receive CEs, participants need to attend all CE presentations
Webinar support is provided by Center for Deployment Psychology*



MODEL PROGRAM PLENARY SESSION

InTransition supports active duty, reserve, and National Guard service members and veterans, regardless of current activation status, duration of service, time since discharge, or category of discharge. This program pairs a licensed, experienced master's-level mental health clinician, who provides specialized coaching and assistance via telephone or e-mail, with individuals who: 1) are active duty service members actively engaged in mental health care at the time of their transfer to another duty station, 2) are National Guard or reserve members who are transferring from or to active status or making any other transition, 3) are active duty service members, National Guard, or reserve members transitioning off of deployment and are seeking care, or 4) are any service member or veteran who requests assistance with finding a mental health care provider in any health care system or community, at any time, CONUS or OCONUS

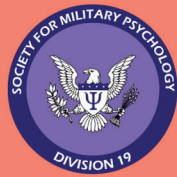
Lone Star Warriors Outdoors, based in Tyler, Texas has the goal to help combat Injured Warriors to heal/cope with PTSD and help to prevent veteran suicide. LSWO got started in 2011 after its founder personally battled suicide. After attending a hunt with another organization (they wanted to thank Warriors) I realized there was much more that can be accomplished with a hunt or fishing trip of some outdoor adventure. My goal was to have a 3 day 2 night minimum where the warriors spent together getting to know each other. We do not allow family members even if they are caregivers. We use that time to bond and talk like with did with our brothers and sisters on combat.

The Real Warriors Campaign is the Defense Department's official multimedia public awareness initiative designed to decrease the stigma surrounding psychological health among service members, veterans and their families. RWC is situated within the Defense Health Agency's J-9 Directorate, in the Psychological Health Center of Excellence (PHCoE). RWC began in 2009 following a congressional mandate for the Defense Department to reduce barriers to care identified in the 2007 Mental Health Task Force Report, and to promote educational information about mental health to the military community. RWC raises awareness about the signs and symptoms of invisible wounds and the positive outcomes of seeking care.

Mission: At Ease is a small private organization that provides amazing experiences to our nation's finest. We take disabled combat veterans on hunting and fishing adventures. We then use these adventures as a catalyst to work on the mental and social growth of our attendees. Through our processes we hope to identify areas for each veteran that we as an organization can make a positive impact on their lives. These impacts may range from getting them to reconnect to the world they have with withdrawn from to giving them a safe outlet to ask for help.

AGENDA

THU
7
NOV



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0800 Community Organizations Presentations (2 CEs)

*Army Research Institute
Center for Deployment Psychology (CDP)
InTransition
LoneStar Warriors
Mission At Ease
Operation Tohidu
Real Warriors
Serving Together
Sierra Club Military Outdoors
TAPS
Team Red, White, and Blue
The Mission Continues
Workhouse Arts Center*

1000 Consulting with SMEs

1200 Lunch

1300 Networking/Consultation & Think Tanks



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Tragedy Assistance Program for Survivors (TAPS)

Founded out of tragedy in 1994, TAPS has grown and established itself as the front-line resource to families and loved ones of our military men and women. TAPS has provided comfort and care, 24 hours a day, seven days a week through comprehensive services and programs including peer based emotional support, case work assistance, crisis intervention, and grief and trauma resources. TAPS has assisted over 80,000 surviving family members, casualty officers, and caregivers. Our National Military Survivor Seminars and Good Grief Camps have been conducted for nineteen years, and are complemented by regional seminars across the country.

Sierra Club Military Outdoors

SCMO is at the forefront of a national movement to ensure every veteran in America has an opportunity to get outdoors when they return home after service. For many veterans, meaningful connections to the outdoors are a gateway to a new mission and continued service to the lands they swore an oath to protect. SCMO is about more than the healing power of the outdoors; it is also about activating and empowering voices of veterans who are already skilled and inspired to defend America's lands, water, wildlife, and people. Veterans are change agents, enthusiastic to make a difference in their communities. When our veterans thrive, so too does our society. The goal of SCMO is to improve the lives of veterans and their families through connections with the outdoors and inspire members of the military and veteran community to become outspoken champions for environmental conservation and justice.



COMMUNITY ORGANIZATIONS

The Mission Continues is a national, nonpartisan nonprofit that empowers veterans to continue their service, and empowers communities with veteran talent, skills and preparedness to generate visible impact. Veterans possess the drive and desire to serve others, but without access to the tools needed, their potential to make meaningful impact at the local level remains untapped. On the other end of the spectrum growing numbers of communities in this country are under-resourced and being left behind. At The Mission Continues, we're on a mission to connect veterans with under-resourced communities. Our programs in cities across the country deploy veteran volunteers alongside nonprofit partners and community leaders to improve educational resources, increase access to parks and green spaces, foster neighborhood identity, and more. Our vision is for all veterans with a desire to continue their service to be part of a movement to transform communities.

Team Red, White and Blue (Team RWB)

We are a catalyst for military, veterans, and family members to build social and community connection. Our goal is for military and veteran populations to feel more whole and connected in their communities. All are welcome to join Team RWB chapters and events. These events utilize physical and social engagement to build enrichment

The Workhouse Military in the Arts Initiative (WMAI)

is rooted in the Workhouse Arts Center's desire to address the needs and to improve the lives of military service members, their families, and caregivers through the arts. WMAI seeks to increase equity, access, and opportunities for veterans to participate in quality arts programming. Our innovative, community mental health arts center model features a four-pronged holistic, therapeutic arts-based approach focusing on Mental Health, Nutrition, Fitness and Spiritual Balance to reunify the mind and body of our Nation's Armed Forces military families which can become distressed due to challenging aspects of military life. Now a free, year-round therapeutic arts program, through art psychotherapy, arts workshops, courses and events within our art center's four programs (Visual Arts Education, Performing Arts, Culinary Arts, Art of Movement), we seek to enhance the quality of life and to promote rehabilitation, resiliency and support systems for overall healthy military family functioning.

Melwood Veterans Services: Operation Tohidu

Melwood Veterans services is an organization that falls under Melwood, Inc. that provides vocational support and resources for individuals with differing abilities. Melwood Veterans services has two components 1) Vets Ready to Work and 2) Operation Tohidu. Operation Tohidu provides week long retreats (at no cost) designed for Veterans how have experienced trauma in the military. Many of our Veterans are experiencing PTSD, Anxiety, Depression or mild form of traumatic brain injury. We are operated by Veterans for Veterans.



COMMUNITY ORGANIZATIONS

ServingTogether, a program of EveryMind – Affiliated with AmericaServes, is a coordinated network of public, private and nonprofit organizations serving veterans, service members, and their families in the National Capital Region. ServingTogether uses technology and its partner network to guide veterans, service members, and their families to the most appropriate services and resources available. At the community level, ServingTogether hosts collaborative meetings in a variety of locations throughout the National Capital Region. Collaborative meetings bring together community partners, resources, events, and information to broaden the knowledge and understanding of available support.



ADVOCACY IN MILITARY PSYCHOLOGY SUMMIT



PARKING

Register &
Pay Online



SCAN ME

guestparking.catholic.edu

\$10 per day

Park at O'Boyle Lot (6 min walk to Caldwell)

Free shuttle runs from 0730-930 and 1600-1730

Call (202) 552-PARK for additional shuttle services

DINING



SCAN ME

On Campus

Visit cua.campusdish.com

CUA CAMPUS MAP DIRECTORY

Admission, Father O'Connell Hall.	E16	Magner House.	E10
Alumni Relations, Father O'Connell Hall.	E16	Marist Hall.	C7
Aquinas Hall.	D8	Marketing and Communications, Father O'Connell Hall.	E16
Architecture and Planning, Crough Center.	F14	McCort-Ward Hall.	G15
Arts and Sciences, McMahon Hall.	D13	McDonald House.	F10
Athletics, Dufour Center.	F1	McGivney Hall, Keane Auditorium.	D15
Basilica of the National Shrine of the Immaculate Conception.	B15	McMahon Hall.	D13
Bookstore, Monroe Street Market.	F17	Metro Station, Brookland-CUA.	J15
Business and Economics, McMahon Hall.	D13	Metropolitan School, Pangborn Hall.	G14
Caldwell Hall, Auditorium and Chapel.	C12	Millennium North.	G8
Camalier House.	E9	Millennium South.	G9
Campus Ministry, Caldwell Hall.	C12	Monroe Street Market.	G18
Canon Law, Caldwell Hall.	C12	Music, Ward Hall.	A12
Career Services, McMahon Hall.	D13	Nugent Hall.	A8
Centennial Village.	E10	Nursing-Biology Building.	G15
Columbus School of Law.	G11	Nursing, Gowan Hall.	H15
Computer Center, Leahy Hall.	A11	O'Boyle Hall.	B7
Crough Center, Koubek Auditorium.	F14	Opus Hall.	F6
Curley Hall.	C10	Pangborn Hall.	G14
Dean of Students, Pryzbyla Center.	E12	Philosophy, Aquinas Hall.	D8
Drama Department, Hartke Theatre.	A10	Power Plant, Maintenance.	G13
DuFour Center.	F1	Pryzbyla Center.	E12
Engelhard House.	D10	Public Safety, Leahy Hall.	A11
Engineering, Pangborn Hall.	G14	Quinn House.	D10
Enrollment Services, Father O'Connell Hall.	E16	Reardon House.	D9
Facilities Grounds Center.	A5	Regan Hall.	F8
Father O'Connell Hall.	E16	Residence Life, Pryzbyla Center.	E12
Financial Aid, Father O'Connell Hall.	E16	Ryan Hall.	G9
Flather Hall.	F7	St. Vincent de Paul Chapel.	G9
Gibbons Hall.	C17	Salve Regina Hall, Art Gallery.	C11
Gowan Hall, Auditorium.	H15	Seton Wing, Caldwell Hall.	C12
Graduate Admission, Father O'Connell Hall.	E16	Shahan Hall.	D14
Hannan Hall, Herzfeld Auditorium.	D11	Social Service, Shahan Hall.	D14
Hartke Theatre, Callan Theatre.	A10	Student Conduct and Ethical Development, Pryzbyla Center.	E12
Housing Services, Pryzbyla Center.	E12	Student Life, Pryzbyla Center.	E12
Human Resources, Leahy Hall.	A11	Theological College.	B19
Kane Student Health and Fitness Center.	F9	Theology and Religious Studies, Caldwell Hall.	C12
Law School.	G11	Unanue House.	E11
Leahy Hall.	A11	University Advancement, Father O'Connell Hall.	E16
Library, Mullen.	E15	University Parking Garage.	F12
		Visitors' Information, Pryzbyla Center.	E12
		Walton House.	E9
		Ward Hall, Recital Hall.	A12

Metro Bus Stop

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