

## 1LT Kyra Brettler Brief Bio

Kyra Brettler is an active duty officer in the United States Army (1LT) and a rising third-year PhD student in the Medical and Clinical Psychology program at the Uniformed Services University of the Health Sciences (USUHS). She earned her Bachelor of Science in Psychology from the University of Tampa and a Master's degree in General Psychology from Nova Southeastern University.

Prior to commissioning and beginning training at USUHS in 2024, Kyra worked at the Providence VA's Center for Neurorestoration and Neurotechnology, where she administered transcranial magnetic stimulation (TMS) in both clinical and research settings. This experience shaped her clinical and research trajectory and continues to inform her focus on neuropsychology and neuromodulation, particularly in applications for service members. Long-term career goals include expanding beyond clinical work and pursuing operational applications of psychology.

Kyra has served for the past two years on the USUHS chapter of APA Division 19 leadership board, where she leads campus and community outreach initiatives. In this role, she develops interdisciplinary programming and volunteer efforts that strengthen connections between psychology, medicine, and military leadership. Among other events, she organized a volunteer group to lay wreaths at Wreaths Across America at Arlington National Cemetery as key volunteers in 2025, an event she feels passionate about expanding USUHS' involvement with. She is especially committed to fostering collaboration and increasing trainee engagement within Division 19.

In addition to her leadership within Division 19, Kyra has contributed to graduate school committees and consistently seeks out opportunities to be actively involved in her academic community. She is known for her initiative, collaborative mindset, and commitment to mentorship and professional development, and she values roles that allow her to support peers while advancing shared goals.

