



United States Navy **Biography**



LCDR SYDNEY R. HOOVER MEDICAL SERVICE CORPS NAVY RESERVE CENTER, BOISE

Lieutenant Sydney R. Hoover commissioned into the U.S. Navy in 2017. She started her service as an pre-doctoral intern at Navy Medicine Readiness and Training Command (NMRTC) San Diego.

She completed Officer Development School in September 2017 and reported to her first command, NMRTC San Diego. As an intern, she completed 5 different training rotations that included, adult psychotherapy, health psychology, inpatient treatment, fleet mental health and Marine Corps Recruit Depot San Diego. Following the completion of her internship, LCDR Hoover reported to the Survival, Evasion, Resistance, and Escape (SERE) West and completed the two-week training program. In November 2018, LCDR Hoover reported to NMRTC Pensacola as a staff psychologist. Within a year on station, she was selected as the Department Head of Naval Air Technical Training Center mental health clinic. Her collateral duties included being the Command Fitness Leader and the Provision of Care Committee member. She deployed for 9 months to Guantanamo Bay, Cuba with the Joint Task Force, serving as the Officer in Charge of the Joint Stress Mitigation and Response Team (JSMART). LCDR Hoover was the sole mental health provider to 1,500 warfighters encompassing all six branches of service. She was hand-selected by the JTF Commander to lead the flag-directed working group, Health of the JTF. While deployed, LCDR Hoover was competitively selected for Duty Under Instruction (DUINS) in Clinical Psychopharmacology at Idaho State University, where she is currently working on completing her Masters of Science in Clinical Psychopharmacology degree.

LCDR Hoover holds a Bachelor's Degree in Psychology from Indiana University, Bloomington, and a Psy.D. in Clinical Psychology from Nova Southeastern University. She is a licensed psychologist in Iowa and Idaho.

LCDR Hoover earned her SERE qualification in February 2020. Previous awards include the Joint Commendation Medal, Navy Commendation Medal, NHP's Junior MSC Officer of the 4th

Quarter FY20, NHP's Junior Officer of the Year FY20, and the 2021 Allied Health Leadership Excellence Award.