I am a psychologist currently serving as Chief for the Naval Center for Combat and Operational Stress Control advancing policy development, program development, and program evaluation for initiatives in operational stress control, psychological resilience, embedded mental health, and disaster mental health for Navy Medicine. Notable activities include collaborating with Navy operational and mental health leaders to formalize and standardize an embedded mental health model, develop and implement training for operational stress control and psychological readiness, and create innovative programs in disaster mental health.

Previously, I served as the Associate Director for Mental Health at a large medical treatment facility leading multidisciplinary staff assigned across an inpatient psychiatric service, outpatient mental health services, and a substance abuse rehabilitation unit serving service members across the INDOPACOM region. I joined with mental health leaders in embedded mental health, non-medical counseling programs, and forward deployed platforms to tackle the growing access to care challenges and ensure readiness evaluations and services were provided to service members.

In other past assignments, I worked in various operational locations, including as a carrier psychologist deployed to the Fifth Fleet, OSCAR Psychologist with a Marine Corps Infantry Regiment, and an individual augmentee to the NATO Role III hospital in Kandahar, Afghanistan. In these roles, I served as the mental health subject matter expert and consultant to ensure force preservation and provided services and treatment to optimize psychological readiness in the operational and deployed environment. These varied experiences have enabled me to have a diverse and inclusive perspective and approach in my leadership activities and development of initiatives and programs.

Serving as Member at Large would allow me to bring my current interests to Division 19 to foster increased engagement and collaboration among members to influence policy and guidance on key issues and challenges presently facing military psychologists. I would support and mentor Division 19 members in their diverse roles and develop members to be lead positive change within their organizations.