

I am a Licensed Clinical Psychologist who served in the United States Navy from 2012-2023. For over 10 years I served as a military psychologist in a variety of clinical and operational settings, both with veterans and active duty.

I currently serve our Veteran population at a VA in Central Illinois where resources are limited and patient loads are high. My role as a staff psychologist is vital in ensuring the medical, mental health, and social needs are addressed in our patient population.

Moreover, I serve as the Chair of the Bureau of Navy Medicine Sub-Community Board on Female Force Readiness Mental Health. This 40-member committee produced important resources such as "Normalizing Military Mental Health Care" that is now "best practices" for Navy Commanders and all medical communities.

I currently have the honor of serving as the Division 19 program manager for the Society Leadership Program (SLP). SLP is a mentoring program designed to identify and develop future APA leaders in military psychology.

In addition, I am the APA 2023 Convention Division 19 Chair. I served as co-chair in 2022. In this role, I select division programming, organize awards and socials, attend business and leadership meetings, assist in the selection of travel award winners, and assist in inviting international participants to increase our international footprint.

Serving as a Member at Large allows me to continue to serve Division 19 and its members and it lends itself to me further developing my own leadership style within the profession and Division 19 alike. As a Member at Large, I hope to increase participation and membership within the Division while promoting collegial conversations and interactions to highlight the incredible work our members do every day.