

BIOGRAPHY OF

MARISSA SNOWDEN

Marissa Snowden is a graduate student in the Clinical Mental Health Counseling program at the University of North Carolina at Chapel Hill, with a research focus on military culture and the psychological experiences of veterans transitioning to civilian life. As a retired U.S. Army veteran, her academic and professional work is grounded in lived experience, with an emphasis on identity, belonging, and the transition adjustment process across military populations.

Her research examines how military culture shapes identity and belonging during the transition out of service, with the goal of improving support and outcomes for veterans navigating civilian life. She has developed instruments related to veteran transition and well-being and is currently conducting psychometric research to validate these instruments. She is also engaged in research examining reintegration outcomes among veterans with autism spectrum disorder.

In addition to her academic work, Marissa serves with the American Red Cross as a Program Manager Volunteer Partner for the Service to the Armed Forces Division, contributing to grant and program development to serve military personnel OCONUS. She is also involved with APA Division 19 as a guest coordinator for the Division 19 podcast, supporting engagement and knowledge-sharing across the military psychology community.

As a candidate for Student-Member-at-Large, she is committed to strengthening student representation within Division 19, fostering connections between students and seasoned professionals, and advancing research and practice that supports military-connected populations.

