Sport, Exercise, and Performance Psychology (SEPP)

Official publication of the Society for SEPP (Division 47) of the APA.

Mission: The journal is committed to publishing evidence that supports the application of psychological principles to facilitate peak sport performance, enhance physical activity participation, and achieve optimal human performance.
Three Sections

Exercise Psychology:

Sport Psychology:

Performance Psychology: “…focuses on the psychology of human performance, in particular, professions that demand excellence in psychomotor performance (i.e., performing arts, surgery, firefighting, law enforcement, military operations, etc.). Also addressed are work environments in which teamwork and motivation are important to human performance.”
Editor: Mark Beauchamp, PhD

Associate Editors (n = 7)

Editorial Board (n = 42)
• Diverse cognate areas represented.
• EDI

Quarterly Publication

Turn Around Times?

Impact Factor = 4.23
Open Science Practices

Use APA Journal Article Reporting Standards (JARS: Quant, Qual, and Mixed)

Signatory to TOP Guidelines.

Open Science Badges.

Open Data:
All data necessary to reproduce the reported results that are digitally shareable are made publicly available. Information necessary for replication (e.g., codebooks or metadata) must be included.

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A “PA” (Protected Access) notation may be added to open data badges if sensitive, personal data are available only from an approved third-party repository that manages access to data to qualified researchers through a documented process. To be eligible for an open data badge with such a notation, the repository must publicly describe the steps necessary to obtain the data and detailed data documentation (e.g. variable names and allowed values) must be made available publicly.

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Preregistered:
At least one study’s design has been preregistered with descriptions of (a) the research design and study materials, including the planned sample size; (b) the motivating research question or hypothesis; (c) the outcome variable(s); and (d) the predictor variables, including controls, covariates, and independent variables. Results must be fully disclosed. As long as they are distinguished from other results in the article, results from analyses that were not preregistered may be reported in the article.

Preregistered+Analysis Plan:
At least one study’s design has been preregistered along with an analysis plan for the research — and results are recorded according to that plan.
Three Features of a Great Paper

- Makes a substantive contribution.
- Well designed study (allows researchers/readers to draw appropriate inferences).
- Strong theoretical rationale for the study’s research questions (and hypotheses):
  - Bonus points for pre-registration 😊