



BIOGRAPHY



UNITED STATES AIR FORCE

CAPTAIN MICHAEL A. SAUNDERS

Capt Saunders is a Staff Psychologist at Davis-Monthan AFB, Tucson, AZ. He received his PhD in Counseling Psychology at Louisiana Tech University, Ruston, LA and completed his Psychology Internship at Joint Base San Antonio (JBSA) Lackland Air Force Base (AFB), Texas.

Capt Saunders commissioned via the Air Force Health Professions Scholarship Program (HPSP) and entered Active Duty in Jun 2020. He currently calls Davis-Monthan AFB in Tucson, AZ his home station. Since being at DM, he has served as the ADAPT Program Manager, DMH Team Chief and OST embedded mental health provider. In Oct 2022, he deployed to Air Base 101 in Niger, where he served as the OIC for the Mental Health Operations, providing psychological treatment, assessment and consultation to joint military personnel and international partner forces.

His professional interests include vocational psychology and operational psychology. His clinical and research focus include identifying and implementing brief, cost-effective interventions to optimize behavioral change and human performance. He is a member of the American Psychological Association, Society of Air Force Psychologists and the Association for Psychological Science.



EDUCATION

2010 Bachelor of Arts, Psychology, University of Texas at Austin, Austin, Texas
2010 Bachelor of Arts, History, University of Texas at Austin, Austin, Texas
2013 Master of Arts, Counseling Psychology, St. Edward's University, Austin, Texas
2021 Doctor of Philosophy, Counseling Psychology, Louisiana Tech University, Ruston, LA

ASSIGNMENTS

July 2020 – August 2021, Psychology Resident, 59th Medical Wing, JBSA-Lackland, Texas
August 2021 – Present, ADAPT Program Manager/Staff Psychologist, 355th Medical Group, Davis-Monthan AFB, AZ

MAJOR AWARDS AND DECORATIONS

Meritorious Service Medal
Air and Space Outstanding Unit Award
Global War on Terrorism Expeditionary Medal

EFFECTIVE DATES OF PROMOTION

Second Lieutenant April 18, 2019
Captain June 28, 2020
(Current as of May 2023)