

THE MILITARY PSYCHOLOGIST



THE OFFICIAL NEWSLETTER OF DIVISION 19 OF THE APA

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PRESIDENT'S MESSAGE

Jared Jobe
President, Division 19

Changing Times

As we enter the last decade of the millennium, it is a time of a great many changes in world affairs which are greatly impacting national security, and, as a result, the military. These changes have many implications for the role of the military psychologist in clinical practice and in research.

First, the political barriers between the east and west have suddenly vanished. Little did I know in 1969, when, as a college student, I knocked a chunk out of the Berlin Wall, that the entire wall would be torn down 20 years later (I know that piece of concrete is somewhere in my basement). One year later, East and West Germany have officially merged back into one country. When I came into the Army in 1977, almost all training was geared toward winning the first battle in Europe against the Warsaw Pact forces. That threat as we knew it is now gone.

However, as Congress began to transform the military into a much smaller force to reflect the reduced threat, a new threat emerged in the Middle East. A significant force with components from all services was rapidly sent to the region to prevent further Iraqi aggression. It now appears that the Middle East will be a potential "powder keg" for a large regional war for some time to come and our forces may remain there indefinitely.

The military psychologists' roles are similarly changing as a result of these developments. Not only are more military members married than in the past (with more working spouses), but more

women are in the military and many women were deployed to the Middle East. Moreover, there are significant numbers of single parents in the military. The psychological stress of this rapid deployment is enormous, both on the family members left behind, and on the deployed military member. The demand on psychological services on military clinical psychologists and the other mental health professionals will be enormous as well.

Events in the Middle East notwithstanding, it appears that the size of the military will decrease in the future. At the same time, weapons systems are constantly becoming more complex. The new, smaller military must be mobile and lethal; it must, therefore, be well trained, with the right people in the right jobs. This increases the burden on military research psychologists in the areas of selection, classification, and training. (Many of the issues involved in selection and classification of the new smaller force were covered in **Steve Sellman's** excellent presidential address at the APA Convention last August.)

It is our role to be on the cutting edge of these changes. Fortunately, we have a head start in many of these areas (e.g., the Project A results, an excellent group of military unit psychologists). It seems altogether fitting, therefore, that our theme for the year will be "The changing role of the military psychologist in the 1990s."

APA Issues

The annual convention was a great success, held in a great city with great sights to see, not to mention the great food. The Division program put together by **Steve Goldberg**, **Larry Hanser**, **Denise Feducia**, and **Jim Georgoulakis** was outstanding. I already mentioned the excellent presidential address by **Steve Sellman**. Moreover, the Division hospitality suite was used as never before.

A productive meeting was held with officers from Division 44 concerning the motion to **prevent the military from recruiting at the convention and through the APA Monitor**. This motion was made because of the military's policy toward gays and lesbians. We will continue to work with **representatives from Division 44** to resolve this issue to everyone's satisfaction. By the way, an excellent article on this issue by Gregory M. Herek, "Gay people and government security clearances: A social science perspective,"

appeared in the September issue of the American Psychologist, 1990, 45 (9), 1035-1042.

A second issue which has not been resolved concerns the limits of confidentiality between the military clinician and the client/patient. One of our members has, as you know, been disciplined by APA for following lawful orders and disclosing information on a patient. **Tim Jeffrey** is spearheading the effort to achieve a solution to this problem.

Both of the above issues have one important thing in common: that our Division members are being put in a difficult bind. They have the choice of, on the one hand, following military regulations (regarding limits on confidentiality) or being a member of a military organization that is following DoD policies (regarding gays and lesbians), or, on the other hand, of following APA guidelines on these issues. The Division leadership is attempting to convince our colleagues within the APA that their efforts should be directed toward changing unjust laws and policies through lobbying Congress and to understanding the limits of confidentiality imposed by law (there are limits in civilian life as well).

Clinical psychologists won a major victory when the California State Supreme Court upheld the right of psychologists to take charge of the diagnosis and treatment of their patients that they admit to hospitals. A controversial new test is beginning at Walter Reed and the Uniformed Services University of the Health Sciences training psychologists in pharmacology so they may prescribe psychotropic medications to their patients. One again the military is on the cutting edge of psychology.

Many observers have noted that the acrimony that characterized APA for several years has died down, and APA appears to be more unified. Our Division has always been and continues to be a model for how clinical and research psychologists work together for a common good.

Division Affairs

Kudos to **Steve Sellman**, the members of the Executive Committee, and committee chairs for the great job they did last year. A special note of thanks to **Barbara Sorensen** for a very productive year of recruiting new members and affiliates for our division. Barbara is remaining as Membership

Chair this year; please give her your best efforts in recruiting new members.

Several Division offices are open for nominations this year; you will find a nomination ballot at the end of the newsletter. Offices to be elected are President-Elect, Treasurer, Member-at Large (one position), and Representative to Council. Speaking of the Council Rep, if you have not already done so, please give Division 19 all ten of your votes in the apportionment election. Our Division desperately needs your votes. Two years ago we lost our voting seat on Council, and last year, because of a concerted effort, we regained the seat. Let's not lose it again.

Announcements are also included in the newsletter soliciting nominations for Fellows and for Division awards. We have many outstanding members of our Division who have contributed greatly to our success. Let's reward their efforts!

Several of our committees are in need of volunteers to carry out divisional activities. If you would like to help, please call or write to the committee chairs or to me. We will be happy to put you to work.

Finally, please call or write if you have any issues that you would like to bring to my attention. I hope to serve you well during the year.

EDITORS' COMMENTS

Alma Steinberg
Debbie Rogers
Newsletter Editors

As this year's editors of the Division 19 Newsletter, we would like to introduce ourselves and thank you for your participation in our Division activities. Our goal for the newsletter is to provide a forum for the exchange of ideas and information on what is happening in Division 19, in APA, and in areas relating to military psychology. The newsletter will contain feature articles as well as announcements of meetings and seminars, awards, job opportunities and member news.

In addition, this year we would like to initiate a "Letters to the Editors" column. With the changing environment, there are many issues that can be presented for discussion through this forum. We invite you to write to us, presenting those items

that are of interest to you and that may impact our efforts to advance the field of military psychology. We especially would be interested in hearing from those of you who are involved in initiatives related to current world events, especially in the Mideast. Please write and tell us, in a paragraph or two, what you are doing and provide your address and telephone number so that others who are interested in more information or are doing work in related areas can contact you. Our addresses can be found in the updated officer and committee roster included in this issue.

We are looking forward to working with you throughout the year, and are open to any thoughts you may have that can improve our communications both inside and outside our Division.

SECRETARY'S REPORT

Brian K. Waters
Outgoing Secretary

The minutes of last year's business meeting and mid-year Executive Committee Report were previously published in the newsletter.

During this association year, **Jared Jobe** updated our By-Laws, as shown in the summer newsletter (passed at this business meeting). It had been a long time since the By-Laws had been officially changed. I'd like to thank Jared for the effort.

The Executive Committee voted to **contract with APA for management of Division 19 membership activities, including affiliates.** It has been a major headache to ensure that all members received their journal and newsletter, due to long lags between Division and APA applications, Executive Committee voting on new applicants, and communications between our Membership Committee chair, the Treasurer, APA membership services, and our publisher. We were receiving numerous justified complaints from members who were not receiving their publications. So, starting in **November, APA will handle accounting for, corresponding with, and billing of, all Division 19 members and affiliates.** We will pay for these services, but our estimated annual costs of about \$900 are the same as what we spent this year just to mail out our "please submit" letters to our new members. Related to this action, the Executive Committee approved a procedure that newly paid

members and affiliates would receive their publications immediately rather than waiting until the next meeting of the Executive Committee for approval as members/affiliates. The net effect of this action is that if a new applicant were not approved, the Division would have to absorb up to \$5.50 in costs for that applicant since his/her dues would be returned. Considering the goodwill generated and hassle reduction, the Executive Committee supported this change in Division procedures.

Division 19 was represented at the APA Division Leadership Conference (DLC) by **Steve Sellman** and me. This two-day meeting dealt with relations between APA and the divisions, and division reporting procedures. Since the conference was held in Washington, DC, Steve and I had no attendance expenses. APA credited our account with \$285.00 to "defray expenses" of attending the meeting, thus the DLC ended up as an income-producing activity for Division 19.

Steve Goldberg has been elected as the new Division Secretary. I turned over volumes of paper to Steve at the meeting, a task that I relished. Being both Secretary and Treasurer is too much for one gainfully employed person, and although I have been honored to serve the Division in both roles this year, I'm thrilled to have only Treasurer duties next year!

MINUTES OF DIVISION EXECUTIVE AND BUSINESS MEETINGS, AUGUST 1990

Brian K. Waters
Outgoing Secretary

The 1990 Division 19 meetings were chaired by our President, **Steve Sellman**. He briefly discussed the past year's activities and his perceptions of the Defense cutbacks on Division 19.

Jared Jobe reported on Council of Representative activities for **Joe Fishburne**. He mentioned the forthcoming APA dues increase.

Brian Waters gave the Secretary and Treasurer reports. (Included elsewhere in this newsletter). The 1991 budget was presented and approved.

Barbara Sorenson reported 120 new members and affiliates, a large increase. A motion was made and passed to accept the new members. Barbara will continue as Membership Committee chair next year.

Steve Goldberg, our 1990 Program Chair, reported on our annual meeting program, including symposia, paper sessions, a poster session, two invited addresses, and a conversation hour. Steve also hosted the Division hospitality suite during the meeting. A resounding thank you, Steve, is in order. **Larry Hanser** will be program chair for the coming year.

Earl Alluisi provided the Fellows Committee report for **Mike Fischl**. Three nominees were submitted for fellowship. **Steve Sellman** and **Brian Waters** were voted fellowship status by APA and the Division. Earl will be the new Fellow Committee chair.

Christine Jaggi, Chair of the Women and Minorities in the Military Committee, described this year's highly successful workshop on Women in the Military. It was well attended, attracted considerable discussion on the subject, and even made a profit! Christine also described the conversation hour which was held the day after the workshop. She will continue on the committee next year, while **Alisa Murray** will be the chair.

Marty Wiskoff, editor of the Military Psychology journal, said that no cost increase would be necessary for the journal this year. Lawrence Erlbaum, Inc., the publisher, was satisfied with the subscription rates for both members and external (libraries, etc.). Marty also advised us of an arrangement with the Military Testing Association in which registrants will be given a copy of the journal.

Tim Jeffrey presented the Awards Committee results. A posthumous Military Psychology Award was made to **Kent Eaton**. The Past President's Award was made to **Steve Sellman**, and **Jared Jobe** (a member of the Awards Committee) was surprised to receive the Division 19 Distinguished Service Award. Tim also reported on a new Division 19 award, the Distinguished Award for Early Career Contribution to Military Psychology. He requested nominees for all of the 1991 awards as soon as possible.

Dave Mangelsdorff reported on activities for the APA Centennial celebration in 1992. The Division

is supporting the APA effort financially as well as in spirit. Volunteers were sought to help in preparation for the event.

Russ Hibler presented the Uniformed Psychologist Committee activities. He updated the membership on pro pay, prescription privilege initiatives, and ABPP state residency requirements issues. He requested nominees for White House Fellowships. Russ has applications for those interested.

Steve Sellman discussed a meeting between Division 19 and Division 44 (Lesbian and Gay Psychology) attended by **Jared Jobe, Debbie Rogers, Brian Waters, and Steve Sellman**. Division 44 wanted Division 19 to support military enlistment and retention of gays and lesbians. The meeting was cordial, and we agreed to consider future cosponsorship with Division 44 on annual meeting sessions, and other activities.

Anne Hoiberg discussed InterUniversity Seminar on Armed Forces and Society (IUS) - Division 19 activities. She discussed the IUS meeting in Baltimore and the recent **Brian Mitchell** presentation to IUS at Ft. Myer on women and the military.

Tim Jeffrey led a discussion of the confidentiality issue for military clinical psychologists. It was suggested that the APA Council should be apprised of the issue.

TREASURER'S REPORT

Brian K. Waters
Treasurer

Association Year 1989-90 was fiscally successful for Division 19, despite a rather large expenditure for a membership drive. Attachments A - C are the Division's balance sheet, a statement of revenues and expenses for the past year, and the proposed Budget for the coming year.

As shown on the balance sheet for July 31st, we are in sound financial status. We had \$1,621.77 in our checking account, \$1,493.09 in savings with Perpetual Savings, and \$4,109.35 in a mutual fund account with John Hancock. I have also reported \$3,307.00 in accounts receivable, which includes a \$90.00 newsletter advertising debit (check received after 1 August) and \$3,217.00 in

membership dues for 1990 outstanding. Our retained earnings of \$9,631.70 represent nearly a full year's cash flow, a very sound position for a small Division such as ours.

The past year the Executive Committee opted to try to recruit new members aggressively. We were in a rapidly declining membership position, with the American Psychological Society, increasing APA dues, and intra-association squabbling apparently causing loss of Division 19 members. The Committee approved an expenditure of over \$1,000 to fund an extensive mailing campaign for new members. We mailed nearly 8,000 recruiting letters to DoD psychologists and Divisions 5, 14, and 35 members who were not Division 19 members. APA also sent post cards (gratis) to Division 19 members who hadn't paid their 1990 Division dues. These recruiting activities cost us \$1,778.34, however we now have 120 new members and **Barbara Sorenson**, our Membership Committee chair, reports 141 new membership inquiries. Barbara was kept very busy following-up on these leads and coordinating with APA and me on membership issues.

As of August 1, 1990, we still have 140 Division members who haven't paid their current dues. It is not clear whether they are slow payers or are in the process of dropping APA and/or Division 19 memberships. I will get a list of these individuals from APA and request their intentions. We also have 34 new members (who we decided to send journals and newsletters to this summer), who had not paid prior to August 1st. I assume that most or all will return their checks shortly. Overall, the activities resulted in about \$400 in costs more than was budgeted for membership activities, although an additional \$717.00 in dues are owed by the new unpaid members.

Although it didn't provide a huge windfall of new members, the membership drive was cost-effective. It should provide a growing base for future operations.

Other major expense items this past year that were significantly different from our budget were journal costs (about \$500 lower than budgeted), newsletter costs (about \$150 higher), and Division 19 membership costs in other associations (\$300 lower). **Jim Harris** and **Christine Jaggi** put on a Division pre-convention workshop on "Women in the Military." We had 15 paid attendees, and the workshop produced a profit of about \$375. Good show! Our sponsorship of the pre-convention

workshops is good for Division exposure to outside professionals, and even produces some revenues. Suggestions on next year's workshop topic are welcomed.

Turning to our budget for next year, I have budgeted for another workshop. The Military Psychology journal budget is based upon 600 members, with Erlbaum charging us an anticipated \$10.50 per member, the same as this year. I projected three issues of the newsletter vice two this year. It was discussed at the mid-year Executive Committee meeting that having an issue out prior to Christmas is important for the February meeting. As shown in Attachment C, our budget reflects a net of \$760.00 for the coming year.

The following articles were recently published:

Jobe, J. B., & Mingay, D. J. (1990). Cognitive laboratory approach to designing questionnaires for surveys of the elderly. Public Health Reports, 105, 518-524.

Jobe, J. B., White, A. A., Kelley, C. L., Mingay, D. J., Sanchez, M. J., & Loftus, E. F. (1990). Recall strategies and memory for health care visits. Milbank Memorial Fund Quarterly/Health and Society, 68, 171-189.

Sirken, M. G., Bercini, D., & Jobe, J. B. (1990). A PHS laboratory for designing questionnaires. Public Health Reports, 105, 538-539.

MEMBER NEWS

Paul Gade has been awarded a **Secretary of the Army Research and Study Fellowship** to study the long term effects of military service. The fellowship is for one year and is awarded on a competitive basis. Beginning in September 1990, Paul will divide his research activities as a visiting scholar between the University of Maryland at College Park and the University of North Carolina at Chapel Hill.

ATTACHMENT A

DIVISION 19 BALANCE SHEET, JULY 31, 1990

ASSETS

Current Assets		
Balance First American Bank - 7/31/90		\$1,621.77
Balance Perpetual Bank - 7/31/90		\$1,493.09
Balance John Hancock Cash Mgt. Trust - 7/10/90		\$4,109.35
Accounts Receivable		\$3,307.00
Advertising	\$90.00	
Dues	\$3,217.00	
Total Assets: 7/31/90		<u>\$10,531.21</u>

LIABILITIES

Accounts Payable		\$899.51
Retained Earnings		\$9,631.70
Total Liabilities: 7/31/90		<u>\$10,531.21</u>

ATTACHMENT B

DIVISION 19 STATEMENT OF REVENUES & EXPENSES - 8/1/89 - 7/31/90

REVENUES

Dues & Assessments Through APA	\$7,164.00
Dues & Assessments Direct to Div. 19	\$1,370.00
Interest	\$333.23
Hancock	\$248.59
Perpetual	\$84.64
Accounts Receivable (Dues)	\$3,217.00
Accounts Receivable (Advertising)	\$90.00
APA Div. Leadership Conference Allowance	\$285.00
Pre-Convention Workshop (15 Attendees @ \$50 each)	\$750.00

TOTAL REVENUES **\$13,209.23**

EXPENSES

Membership Drive - 1989-1990 Year	\$1,778.34
Labels	\$118.84
Printing	\$630.93
Envelopes	\$83.42
Mailing Costs (8,000 letters)	\$945.15
Accounts Payable - New Member Dues Collection	\$899.51
Lawrence Erlbaum, Military Psychology Journal	\$4,725.00
Newsletter (2 Issues)	\$1,050.05
Printing & Mailing	\$970.05
Labels	\$80.00
Bank Charges	\$23.95
APA Convention Expenses	\$2,350.67
Social Hour	\$698.25
Hospitality Suite	\$840.00
Coffee & Muffins for Exec. Comm. Meeting	\$80.00
Conversation Hour	\$150.00
Pre-Convention Workshop	\$372.42
Coffee, etc.	\$250.00
Advertising	\$80.00
Labor	\$37.19
Misc.	\$5.23
Program Chair Expenses	\$10.00
Awards	\$200.00
Mid-Winter Executive Committee Meeting	\$392.02
Travel Expenses	\$328.00
Food	\$64.02

TOTAL EXPENSES **\$11,219.54**

EXCESS REVENUES OVER/(UNDER) EXPENSES **\$1,989.69**

ATTACHMENT C

DIVISION 19 BUDGET, ASSOCIATION YEAR 1990-1991

Beginning Balance First American Bank - 8/1/90	\$1,621.77
Beginning Balance Perpetual Bank - 8/1/90	\$1,493.09
Beginning Balance John Hancock Cash Mgt. Trust - 8/1/90	\$4,082.88

Total Cash-on-Hand: 8/1/90 \$7,197.74

REVENUES

Dues & Assessments	\$11,150.00 **
Interest	\$350.00
APA Div. Leadership Conference Allowance	\$285.00
Pre-Convention Workshop	\$750.00 ***

TOTAL REVENUES \$12,535.00

EXPENSES

Lawrence Erlbaum, Military Psychology Journal	\$6,600.00 *
Newsletter (3 Issues)	\$1,500.00 *
Bank Fees	\$25.00
1991 APA Convention Expenses	\$1,950.00
Social Hour	\$500.00
Hospitality Suite	\$700.00
Women & Minority Conversation Hour	\$150.00
Pre-Convention Workshop	\$400.00
Awards	\$200.00
Divisional Affairs	\$1,700.00
Mailing Costs	\$50.00
APA Costs for Membership Mgt	\$900.00
Mid-Winter Executive Meeting	\$450.00
Division Memberships in Associations	\$300.00

TOTAL EXPENSES \$11,775.00

NET PROFIT/(LOSS) for the YEAR \$760.00

-
- * Assumes 600 publication recipients
 - ** Assumes 500 members & 50 Affiliates
 - *** Assumes 15 Attendees @ \$50 each

REPORT OF COUNCIL REPRESENTATIVE FOR COUNCIL SESSION AUGUST 9 & 12, 1990

Francis J. Fishburne
Council Representative

An air of cooperation seems to have settled in the chambers of Council. Agenda items are moved reasonably quickly with ample time remaining for discussion of thorny issues.

The proposed budget of 39 million dollars was passed. In order to meet the increasing expense of running our Association, Council also passed a motion to raise annual dues by \$15. As a means of offsetting the bite of the increase in dues, Council agreed to provide a \$15 journal credit to all dues paying members. Special assessment for licensed psychologists will be increased by \$25. However, full time academic faculty engaged in health care teaching who do not exceed five hours per week of psychological services were exempted for the increase.

Several agenda items had price tags associated with them. Council approved funding for the establishment and meeting of an Ad Hoc Committee on Psychology and AIDS which will provide policy direction, maintain liaison with governance groups, and formulate new APA initiatives. Council directed that an immediate initiative be undertaken to apply the science and profession of psychology to the development and implementation of a national strategy for the prevention and treatment of child abuse and neglect. Council approved funding for a Task Force on the APA Child Care Center which is charged with conducting a feasibility study for the design, planning, and implementation of a child care center in the new APA headquarters building.

Council voted to fund a Task Force on Psychopharmacology which will explore the advisability and feasibility of psychopharmacology prescription privileges for psychologists. A California Psychological Association proposal to develop a Model Disaster Preparedness program which will be exported to other states, divisions, and those interested was approved for funding. In order to facilitate student attendance at our conventions, Council voted to reduce APA Student Affiliate fees to \$25 advance and \$50 on-site.

Resolutions were passed to permit sponsors of continuing education for psychologists to permit credit for programs of one hour; to support the establishment of a separate research directorate within the National Science Foundation for the promotion and advancement of behavioral and social science; and to increase the Association's role in advocacy for the homeless. Resolutions were also passed to continue efforts to call attention to the need of persons with serious and persistent mental illness and to support efforts to maintain opportunities for English language proficiency while recognizing and maintaining mastery of second or multiple languages.

Council approved a motion to encourage divisions, state, and provincial associations to be more active in alerting their members to the importance of returning the apportionment ballot and directed that information on divisions, state, and provincial associations will be included with the ballot mailing. This is important for Division 19 because we hold a tenuous position with respect to maintaining our seat on Council. The year before last we lost our Council seat and regained it last year. Thus, we generally generate a marginal number of votes to maintain representation. All members of Division 19 are encouraged to return their apportionment ballot with some votes allocated to Division 19.

PSYCHOLOGISTS IN UNIFORM COMMITTEE REPORT

Russell J. Hibler,
Chair, Psychologists in
Uniform Committee

During the past year, there has been steady progress on several fronts. The American Board of Professional Psychology (ABPP) had required all applicants to be licensed in the state where they practice. This presented, in essence, a double hurdle for the military psychologist, particularly when stationed overseas. Quick action by Mel Gravitz enabled ABPP to recognize the oversight of applying this license requirement to the military. We are now exempt. If you need more incentive to apply for ABPP, read on.

Professional pay continues to be viable. Each service has staffed its response to the prospect of a pay bonus (Title 37, section 302) for ABPP diplomates. We are now awaiting action from the

Office of the Assistant Secretary of Defense for Health Affairs. We have drafted a letter from Division 19 supporting the pay initiative and urging prompt approval. While the prospect for final approval is optimistic, the proposed pay rates would be the same as those approved for the Public Health Service:

<u>Rate</u>	<u>Years of creditable service</u>
\$2,000	less than 10
2,500	10 - 11
3,000	12 - 13
4,000	14 - 17
5,000	over 18

White House Fellowships involve 1 year of on-the-job executive training and provide an exceptional overview of the highest levels of government and industry leadership. Each year, about 15 citizens are selected who are judged to have outstanding potential and accomplishments while they are beginning their careers. In addition to attending White House, Congressional and other national policy and management proceedings, fellows are assigned to work alongside leaders in their area of expertise. They travel internationally to meet foreign leaders and observe global progress in areas of interest. In the past 25 years, the nearly 350 alumni have continued their careers to become Senators, Congressmen, Chairman of the Joint Chiefs of Staff, CEOs, and national leaders in their professions. To date, most fellows have been businessmen, attorneys, and physicians. None are known to be psychologists. Active duty military are eligible, although federal civilian employees are not. In fact, each year one to three fellows are military members.

The "right stuff" to be selected appears to include being: between 25-35 years of age (no age requirement, but most are 29-33), a scholar, an athlete, and a humanitarian. They are actively seeking women and minorities. Military should check with their personnel office for application procedures. Non-military are reimbursed up to \$60,000. Contractors and university staff are certainly eligible. The yearly application deadline is December 15. It takes a long time to process and to conduct interviews, so starting now makes sense. Surely we have such leaders in our ranks. Let's get the word out, support them, and promote psychology.

Address: U.S. Office of Personnel Management
The President's Commission on

White House Fellowships
712 Jackson Place, N.W.
Washington, DC 20503
Telephone: (202) 395-4522

The Department of Defense Demonstration Project for psychology prescription privileges has passed several milestones. Earlier this year, a blue ribbon panel discussed the feasibility of training psychologists to prescribe psychotropic medications. Several approaches were discussed and the model proposed by the Uniformed Services University of the Health Sciences (USUHS) was preferred. September 1991 was targeted as the optimal start date. However, on July 3rd, the DoD tasked the Army Surgeon's Office to begin in September 1990. On 16 August, a second blue ribbon panel met to discuss an alternate training program that could use existing courses and be available for the start up in the following month. The resultant new model has been sent to congress and is awaiting final approval.

With the Army as the executive agent for DoD, the initial selection of students and course work have begun. The two pioneers who have begun the training are both licensed Army clinicians and graduates of traditional clinical training programs. Captain Dale Levandowski is an alumni of the Rosemead School of Professional Psychology of Biola University. His assignment prior to the demonstration project was assistant clinical director of the alcohol treatment program at Stuttgart, Germany. Captain Walter Teachout graduated from the California School of Professional Psychology at Fresno. He joined the project from Fitzsimmons where he was the chief of psychology.

In September, they started selected classes of the physicians' assistant curriculum at the Academy of Health Sciences in San Antonio. Topics included: human anatomy, physiology, inorganic chemistry, physiological chemistry, lab sciences and orientation to physical exams. Classes end in late December when, pending congressional approval, clinical practicums at Walter Reed and additional course work will begin. The panels are recommending congressional approval of the USUHS model that was originally proposed, for the continued training in 1991.

The American Psychiatric Association attempted to derail the project. In July and again in August, it launched "action alerts" to its membership. It

urged colleagues to write legislators and the members of the House and Senate Armed Services Committees and Appropriations Committees to hold hearings, cancel project funding, and cancel the project. Our APA responded with a similar write-in of support to urge a fair testing of the project's concept and cited prescription successes with other non-physician groups. To ask questions or see what you can do, call the APA Practice Directorate: 1-800-233-1834.

Finally, you (we) are not alone. Be aware that our tri-service military psychology leaders meet monthly and often with the APA on related issues. By working together, meaningful headway can be made on such important issues as the retention of clinical psychologists. Be sure to provide your psychology leadership with your needs, concerns, and successes so that they can be on target and work for you. Recently, the Council of Federal Agency Psychologists was formed to extend this synergism. It includes the psychology leaders of the Department of Veteran Affairs, the Public Health Service, the Federal Bureau of Prisons, and each of the armed services. We will have more on this council for the next edition.

THE MIDDLE EAST CRISIS: A CALL FOR PREPARATION AND INNOVATION

Colonel Ernest J. Lenz
Chief Psychologist,
U.S. Army John F. Kennedy Special
Warfare Center and School

The Middle East suggests a review of the preparation of military psychologists for such large scale operations and a look at innovative ways to use this preparation. How can military psychologists best contribute to the success of operations? One answer to this multifaceted question may lie in the areas of preparation for providing services to the military community and innovative application of such preparation.

A good place to start is at our military internship sites. In general, our sites do a superb job of training men and women to become excellent psychologists. However, I would like to suggest a scrutiny of the emphasis we place on such training. Do we train our interns to think more about individual patients as opposed to thinking about a community approach? At one time, we

had an internship site devoted to teaching a community approach. The internship started 20 years ago under the outstanding leadership of Col. (Ret) Robert S. Nichols. This internship differed significantly from previous military internships because it stressed consultation and a community-based orientation in addition to the usual clinical skills.

The director of the program, Dr. Nichols, had taken a Post-Doctoral Master's Degree in Community Mental Health at Harvard under Dr. Gerald Caplan. He was well versed in consultative methods and community organization concepts. This program rotated the interns between the hospital and the mental health consultation service. The interns were trained in traditional clinical psychological procedures, but they were also required to work as consultants to military commanders, helping them solve problems related to leadership and training.

It is indeed impractical, if not impossible, to return to such a model at present. The reasons for this would take us outside the scope of this discussion. What I would suggest, however, is a renewed emphasis on consultation as it is presently taught in our internships and a reemphasis or introduction of certain subjects that will greatly improve the contribution potential of our military psychologists.

This new emphasis has power to produce not only outstanding health care providers, but also creative combat multipliers who can greatly contribute to military operations such as we presently see in the Middle East.

What are these areas? There are four I would like to suggest: principles of consultation, group facilitation, cross-cultural awareness, and prevention and/or treatment programs for military high risk conditions such as stress disorders, especially combat stress reaction and PTSD (Post Traumatic Stress Disorder).

The science and art of the consultation process give us what is, perhaps, our best avenue of approach to making our maximum contribution. The effects of a well-executed consultation can be immediate, permanent, and, above all, significant. Input from the behavioral sciences can greatly help commanders at all levels to do the mission. The principles of consultation are not difficult to learn. The main thing for all military psychologists to realize is that they have important knowledge

and skills that they can impart to others. The secret to success in consulting is to be proactive and just do it. Our internships should instill both the skill and the will to begin consultation.

The ability to facilitate a group is a powerful weapon in the armamentarium of the military psychologist. Whether working with troops in the field or with patients in the hospital, the principles are the same. These principles enable us to reach a large target audience, for example spouses left behind.

With the current situation in the Middle East, cross-cultural awareness has suddenly taken on a new significance. What do we military psychologists have to contribute now? The unfortunate answer is very little. This condition can be corrected by the introduction of blocks of instruction that prepare psychologists to work in a multi-cultural environment and to quickly research additional information as needed.

The last area of preparation is the prevention and treatment of conditions that are a high risk for military populations, such as stress disorders. How much time are we devoting to looking at ways to prevent the build-up of stress both in the individual soldier and in units? Perhaps the first step is awareness. Some of us recall seeing a number of soldiers in the early 1970s who recently returned from combat. Many of these fine soldiers were getting themselves into difficulty both on the job and at home. Only by long trial and error did we learn what post traumatic stress disorder is and how to treat it. The results of PTSD still haunt many of our soldiers today. Briefings to unit commanders could do much to prevent PTSD. Short debriefings of soldiers recently returned from combat could do much to prevent PTSD. Why are we not looking at methods to provide such briefings and debriefings?

Having suggested a greater emphasis on certain areas of preparation, let us look at innovative ways to apply those skills. The application of consultation methods is limited only by the creativity of the individual psychologist. Needs exist at all levels of command for input not only on mental health issues but also issues involving training, operations, and leadership. The best way to proceed appears to be to start small, achieve success, and attempt a bigger project. In other words, a concentric model.

Skills can readily be combined. For example, group facilitating skills can be used to generate data for a consultation effort. Group skills can be combined with cross-cultural studies to achieve a higher level of awareness and changes in behavior. Group skills can be employed to combat one of the biggest problems facing our troops in the Middle East, the problem of boredom. Military psychologists can plan and execute a broad range of learning experiences to both enlighten and provide avenues of self-development for the troops. Why can't psychologists form learning exchanges and other varied programs to help the troops deal effectively with prolonged periods of inactivity?

The final two concepts are a direct call for action. The first concept is to team up clinical psychologists with research psychologists to study in vivo the many dimensions of the present situation in the Middle East. The second concept is one of monitoring and modeling. Each of the divisions deployed have their psychologists with them. What is needed to help these psychologists is a rotating system by which senior military psychologists would serve short periods to consult with these field psychologists.

Hopefully, this short article has caused you to think about what is needed and how we begin to go about getting it. Our fine troops in the Middle East deserve it!

Biographical Note

Colonel Ernest J. Lenz is presently serving as Chief Psychologist, U.S. Army John F. Kennedy Special Warfare Center and School, Fort Bragg, North Carolina. A veteran of 32 years active service, he received the Ph.D. from Loyola University of Chicago under the sponsorship of the Surgeon General of the Army. He has held faculty positions at the U.S. Army Academy of Health Sciences and the U. S. Army Organizational Effectiveness Center and School. He also served as Psychology Consultant, U. S. Army Europe. From 1984-1986, he commanded the 15th Evacuation Hospital. Colonel Lenz is a graduate of the Special Forces Officer Course and the U.S. Army Ranger School. He is licensed as a psychologist in Texas and California.

DOD TESTING CENTER IS UP AND RUNNING

Lauress L. Wise
Chief, Defense Manpower Data Center,
Personnel Testing Division

Background

On October 1, 1989, responsibility for development and maintenance of the Armed Services Vocational Aptitude Battery (ASVAB) was transferred to the Defense Manpower Data Center in Monterey, California. During the past year, positions were authorized, staff were recruited, plans were developed, and the new Testing Center took shape.

The Center supports two related testing programs. The first is the operational testing of the more than 750,000 applicants for enlisted positions in each of the Services. This effort is complemented by the Student Testing Program which involves testing over one million high school students in more than 15,000 high schools and post-secondary schools each year.

Mission

The mission of the Testing Center involves both operational and research functions. Operational functions include: (a) developing new forms of the ASVAB and updating materials for use with the Student Testing Program, (b) monitoring the results of operational testing, and (c) maintaining archival information. Research functions currently include: (a) development and evaluation of changes to the ASVAB content and format, (b) improvement in the materials and procedures used with the Student Testing Program, (c) enhancement to test development, test administration, and scoring procedures, and (d) evaluation and implementation of other enlistment testing instruments and procedures.

Staff

In September of this year, Dr. Lauress (Laurie) Wise came on board as director of the new Center. In addition to Laurie, the staff includes Dr. Bruce Bloxom, who is responsible for quality control and analytic issues; Dr. Janet Wall, who has major responsibility for the Student Testing Program; and Dr. Linda Curran, who serves as the east coast policy liaison. John Harris and Joe Guzaitis, both of whom formerly worked in test development for CTB/McGraw Hill also joined the staff in

September, as did Dr. Bert Green, who is spending a year with the Center while on sabbatical leave from Johns Hopkins University.

Current Initiatives

During the coming year, the Center will be responsible for implementation of two new forms for use in the Student Testing Program and experimental tryout of three additional forms targeted for use with the operational accessions testing program. In addition, a major revision of the Student Testing Program is scheduled for implementation and plans will be laid for an evaluation of the revised program. Other research efforts will concern enhancements to test development and equating procedures, analyses of the score scales used to report applicant quality, and planning that will lead to decisions late in 1992 regarding revisions to the content and format of the ASVAB subtests.

Details on the revision of the Student Testing Program, plans for revision of the ASVAB, and other technical issues will be provided in future articles. In the meantime, more information can be obtained by contacting the Testing Center at DMDC, 99 Pacific St., Suite 155A, Monterey, CA 93940-2543 (telephone: 408-655-4000).

ANNOUNCEMENTS

Call For Papers.

Call for Papers for the 1991 Biennial Conference of the Inter-University Seminar (IUS) on Armed Forces and Society, October 11-13, 1991, Baltimore, MD. One-page abstracts for proposed papers and panels should be submitted to the program committee chairman, Professor Jay Stanley, Department of Sociology and Anthropology, Towson State University, Towson, MD 21204, **no later than January 15, 1991**. Please provide **three** copies of abstracts. For questions about the program, call Professor Jay Stanley at (301) 830-2928 or Dr. Wallace Sinaiko, Smithsonian Institution, (202) 357-1829.

Division 19 Student Award

The Psychology and National Security Affairs Working Group of Division 19 is offering a \$250 award for the best paper by a psychology graduate student on how scientific psychology can

be applied to national security issues. The paper must describe (a) a body of scientific literature, (b) its relevance to a national security issue, (c) policy recommendations, and (d) suggestions for future research. Paper length should be under 15 typewritten, double-spaced pages. Papers should be received by 1 May 1991. The recipient of the award will be invited to present the paper at Division 19's Annual Psychology and National Security Affairs Preconvention Workshop in August 1991. It would be appreciated if all Division 19 members who are instructors would encourage their students to submit a paper. Contact: Dennis Kowal, (800) 458-4820.

William James Book Award for 1991.

The Division of General Psychology of APA announces the competition for the sixth Annual William James Book Award. The \$1,000 Award is given for a submitted work, with publication date 1986 to 1991 inclusive, that best serves to provide an integration of the diverse subfields of psychology. For more information, call Professor C. Alan Boneau at (703) 323-2203.

1991 Awards for Excellence in Consultation

The Division of Consulting Psychology announces a call for nominations for two awards for excellence in consultation. Each award, accompanied by a check for \$1,000, will be presented at the APA Convention in San Francisco in August 1991. The Perry L. Rohrer Award is given annually to an APA member whose career achievements reflect outstanding service to organizations, public or private, by helping them respond more effectively to human needs. The National Psychological Consultants to Management Award is given annually to an APA member, or member-sponsored student, whose work has had a significant positive impact on an organization and/or has enhanced our knowledge and utilization of the consulting process. Nominees from any field of psychology are welcome, and nominations may be submitted by anyone. Contact: Dale R. Fuqua, (405) 744-6040. Deadline: March 29, 1991.

Graduate Student Awards

APA's Science Directorate sponsors \$500 dissertation awards and \$300 awards for travel to APA conventions for psychology graduate students who are enrolled in an APA accredited graduate program and are an APA student affiliate.

Call Cheri Fullerton at (202) 955-7653 to get on the APA Student Awards mailing list.

Science Agenda Availability

Science Agenda is published bi-monthly by the Science Directorate of APA. It provides news about national scientific policy developments, examines policy issues affecting -- and affected by -- the behavioral research community, and highlights the advocacy efforts of the Science Directorate on behalf of research and academic psychologists. Science Agenda also features news of APA's governance and program initiatives relating to scientific and academic psychology and valuable, timely information about funding opportunities for behavioral research psychologists.

Science Agenda is distributed **free**. If you are not regularly receiving Science Agenda and would a subscription, send the following information to the Science Directorate:

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APA Divisions of which you are a member:

Send to:

APA Science Directorate
Attn: Science Agenda
1200 17th Street, NW
Washington, DC 20036
(202) 955-7653

APA 1991 Convention

Once again it's time to plan your submissions for our 1991 program at the APA convention in San Francisco. With the wide range of speakers and topics covered in the 1990 program it will be hard to beat. On the other hand, world-wide events promise to make it an exciting year for military psychology.

We are accepting a full range of program ideas, including posters, papers, symposia, discussion groups, conversation hours, and workshops. If you have suggestions for speakers or speaker topics, send them in as well. Formal requirements include **5 copies** each of a **500 word abstract**

and 1000 word summary. We use an anonymous review process, so please include 2 title pages, one with and one without author identification. Proposals are due by December 14, 1990. Include a stamped self-addressed envelope, and send proposals to:

Lawrence M. Hanser
Division 19 Program
The RAND Corporation
P.O. Box 2138
Santa Monica, CA 90406-2138

Job Announcement

The Science Directorate of APA currently has an opening for Legislative and Federal Affairs Officer. The position involves working with Congress and the relevant federal agencies on behavioral research issues at the Department of Defense, NASA, and the Environmental Protection Agency. The Science Directorate is seeking a highly professional, self-motivated individual to join their 26-member staff. Strong organizational skills, flexibility, solid writing and verbal communication skills, and a sense of humor are essential.

Contact either Lewis P. Lipsitt, Ph.D., Executive Director for Science, or Barbara J. Calkins, Director of Legislative & Federal Affairs at (202) 55-7653, or via BITNET at APASD@GWUVM, for further information or to refer a possible candidate.

Psychologists Asked to Volunteer Time to Head Start Program

Federal Head Start program officials have asked the APA Practice Directorate to help them find psychologists who are willing to donate time to the program. Head Start provides comprehensive developmental services for low-income preschool children. It provides educational, social, medical, dental, nutritional, and mental health services to over 11 million children and their families. The mental health component of the program has several key objectives: to provide counseling services to children on an as-needed basis; to train staff and educate parents about child development; and to provide prevention, detection, and treatment of psychological problems.

Psychologists interested in donating time in their area should contact Kim Stopak in the APA Practice Directorate at (202) 955-7618 or their state association.

NOMINATIONS FOR 1991 AWARDS

Steve Sellman
Past President

1991 Military Psychology Award

Each year Division 19 solicits nominations of individuals who have made outstanding contributions to military psychology. The award is made for excellence in research, service, product development, or administration that clearly reflects advancement of the profession of military psychology, improved effectiveness of military systems, or service on behalf of the welfare of military personnel. Judging is by a committee consisting of the Past-President (chair), the President, and President-Elect of Division 19.

Nominations are sought for an individual or team of individuals whose contributions merit special recognition by Division 19. Nominees need not be members of the Division or even of APA. Nominations should consist of a statement (300-500 words) which make explicit those aspects of the nominee's work that are considered exceptional. Also include a selection of supportive material in the form of articles, technical reports, product descriptions, or histories of service that can be reviewed by committee members who may not otherwise be familiar with the nominee's contributions. If possible, submit three copies of each such article or report. Endorsements by others who may testify to the scientific merit or practical impact of the nominee's work are particularly helpful.

Nominations should be submitted no later than April 1, 1991 to Steve Sellman, Director for Accession Policy, OASD (FM&P), Room 2B271, The Pentagon, Washington, DC, 20301-4000.

1991 Yerkes Award

The Yerkes Award, named in honor of the father of military psychology, is for contributions to military psychology by non-psychologists. In 1987, the Yerkes Award was presented to the Honorable Craig Alderman, Deputy Under-Secretary of Defense (Policy). The 1988 recipient was General Maxwell R. Thurman, most recently commander of U.S. Southern Command. No award was presented in 1989 or 1990. Nominations are currently being sought for the 1991 Yerkes Award. Nominees should be outside

the field of psychology but significant contributors to the advancement of military psychology. Nominations should be submitted to Steve Sellman at the address above.

1991 APA Awards

Each year APA makes an award for science, practice, public interest, and education and training. Detailed information about the awards and nomination procedures are in the October APA Monitor. Submit nominations for APA awards no later than January 1, 1991 to Steve Sellman.

CALL FOR NOMINATIONS FOR FELLOW STATUS

The status of Fellow of APA and the Division is a singularly high honor. The nomination procedure is initiated by the Division, with final approval being made by APA. Criteria for Fellow status are:

- No less than 5 years of postdoctoral experience related to military Psychology
- Contribution to Military Psychology that can be considered outstanding
- Current active involvement in Military Psychology; can be research, practice, teaching, administration, or any combination
- Current APA and Division 19 membership

The Fellows Committee of Division 19 will consider any nomination, from any member, to include self-nomination. Potential nominees or nominators are urged to contact the Fellows Committee Chair as soon as possible, for details and deadlines. For general planning purposes a completed nomination package, consisting of the APA Uniform Fellow Blank with its supporting endorsements, will be due to the Division 19 Fellows Chair by March 1, 1991. All required forms are available from the Fellows Chair.

Contact: Earl Alluisi, Fellows Committee Chair
Institute for Defense Analyses
1801 N. Beauregard Street
Alexandria, VA 22311
(703) 578-2844

NOMINATIONS FOR DIVISION 19 OFFICERS

Jared Jobe
President, Division 19

This is the annual call for nominations for the elective offices of Division 19. This year, nominations are solicited for President-Elect, Treasurer, Representative to Council, and Member-at-Large. The President-Elect serves a one year term (1991-1992), automatically succeeds to President for the following year, and then serves as Past President for one year. The Treasurer, Representative to Council, and the Member-at-Large all serve three-year terms.

The current President-Elect (Dick Bloom) is the Chairperson, Nominations and Elections Committee, and is responsible for the nomination and election process (in Dick's absence, the President is substituting). Other members of the committee are the Members-at-Large. Only Division 19 fellows or members may be nominated for elected office. Associates and affiliates may NOT be nominated. The committee will determine the eligibility and willingness of the leading candidates for each office, and will submit the final ballot to the APA Central Office which mails the final ballot as part of the official APA ballot. Self nominations are encouraged, and nomination of past officers is also allowed.

Division 19 Fellows, members, and associates may nominate and vote. Each person may nominate up to three candidates for each position. To assist you in making selections, you may consult the 1990 APA Directory for a complete membership roster. Please complete the nomination ballot included in the back of the newsletter and mail to:

Jared Jobe
Post Office Box 1884
Hyattsville, MD 20788-0884

The nomination ballot is designed as a tear-out form which can either be folded and mailed by itself or enclosed in an envelope to preserve anonymity. Remember to authenticate your ballot or the cover envelope by printing and signing your name. Deadline for nominations is February 15, 1991.

DIVISION 19 NOMINATION BALLOT

Please indicate up to three(3) nominees for each position in rank order: (1) first choice, (2) second choice, and (3) third choice.

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- (1) _____
(2) _____
(3) _____

TREASURER:

- (1) _____
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(3) _____

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- (1) _____
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AUGUST 1990-AUGUST 1991

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