

THE MILITARY PSYCHOLOGIST

The Official Newsletter of the Society for Military Psychology Division 19 of the American Psychological Association Volume 27 Number 1 Spring 2012





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January-December 2012

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THE MILITARY PSYCHOLOGIST. *The Military Psychologists* is the official newsletter of the Society for Military Psychology, Division 19 of the American Psychological Association. *The Military Psychologist* provides news, reports and non commercial information that serves: (1) to advance the science and practice of psychology within military organizations; (2) foster professional development of psychologists and other professionals interested in the psychological study of the military through education, research and training; and (3) support efforts to disseminate and apply scientific knowledge and state of the art advances in areas relevant to military psychology. *The Military Psychologists* is published three times per year: Spring (submission deadline **February 1**), Summer (submission deadline **June 1**), and Fall (submission deadline **October 1**). Instructions for Contributors appear on the back cover.

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EDITOR'S CORNER LTC MELBA C. STETZ, PH.D.



Greetings from the editor of *The Military Psychologist!* My name is **LTC Melba C. Stetz, Ph.D.** I am an Army Research Psychologist (71 Foxtrot). I started my career as an enlisted Soldier many moons ago and went on to serve in both the Reserve and Active Component of the Army. Currently, I am the

Chief of Research in the Department of Psychology at Tripler Army Medical Center in Hawaii.

I am delighted to be your new Editor and look forward to making our newsletter a useful resource to share information and news about individual members and the Society.

You will find that we have instituted many changes to the newsletter. With the encouragement and assistance of our immediate Past-President Armando X. Estrada, Ph.D., we made significant changes to the format and content of the newsletter. Several new sections were added to highlight APA's contributions to military psychology, spotlight research and pedagogical activities from our members and share in the history of military psychology. We also included a feature article section to present information on contemporary topics of interests to our members.

Several sections from our previous newsletters were also retained including the president's message to the membership, the secretary's report of the executive committee minutes, the student representative's report on military psychology students, and the program chair's report on the

APA program for the Society. We also retained a section for important announcements for the membership.

Our goal was to streamline and focus the newsletter so that it provides useful information to all members of the military psychology community. I welcome your feedback on any of these changes and welcome suggestions for improvement. I look forward to your contributions to future newsletters.

The newsletter will be published three times a year: Spring (submission deadline February 1), Summer (submission deadline June 1), and Fall (submission deadline October 1). Please consider making contributions to any of the sections of the newsletter by forwarding your piece to the appropriate section editors: Feature Articles (aestrada1@vancouver.wsu.edu), Spotlight Research (kratwani@aptima.com), Spotlight on History (paul.gade39@gmail.com), Spotlight on (truhons@apsu.edu). Pedagogy **Continuing** Education (faguapan@aol.com), Early Career Psychologists (jessica.gallus@us.army.mil), Grad. Students (kritenmkochansky@gmail.com) and Announcements (esurface@swa-consulting.com). You may also send correspondence to me at melba.stetz@us.army.mil with a carbon copy to me at mcstetz@vahoo.com. Be sure to write -NEWSLETTER" on the subject line of your message when sending your comments and contributions.

I look forward to hearing from you.

ALOHA!

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SOCIETY FOR MILITARY PSYCHOLOGY

Division 19 of the American Psychological Association



Travel Award Program

Description

The Society for Military Psychology is pleased to announce the travel award program to support member attendance, participation and engagement in the Midyear and/or Annual Meeting of the Society for Military Psychology. Several awards of \$750 may be given to individuals to help defray costs of attendance, participation and engagement in Division activities.

Eligibility

Any Member (e.g., members/associate/fellow) or Affiliate Member (international/professional) of the Society may apply to the travel award program but preference will be given to applicants (a) who are presenting posters and papers or (b) who are engaged in leadership activities within the Society. Special consideration will be given to Early Career Psychologists. Students are not eligible to apply for this award but should apply to the Student Travel Award Program (see p. 38 for additional details).

Submission Requirements

The submission package must include (1) a brief statement; (2) curriculum vitae; (3) copy of abstract and acceptance letter for poster/paper presentation if applicable. Your statement should describe how you would benefit from a travel grant, how you will use this award to support your attendance to the midyear or annual meeting, and if you will be receiving other funding to help cover your expenses. Applicants should highlight any significant achievements including leadership positions within the Society, APA, other related scholarly or professional organizations (e.g., local, state, national or international psychological associations) and indicate whether this is the first time they will attend and participate in the midyear/annual meeting of the Society. Statements should not exceed one single-spaced, typewritten page using 12 point font using a standard 8.5 X 11 inch page with margins set at 1 inch.

Evaluation Criteria

Applicants will be judged based on the following criteria: (1) Quality of the Request; (2) Statement of Need for Travel Support; and (3) Relevance to Society strategic goals.

Deadline

Materials must be submitted electronically in pdf format no later than 1 MAY 2012, midnight (EST) to Kelly Ervin, Ph.D. (Kelly.s.ervin.civ@mail.mil). List your name and the name of the award on the subject line of your email (e.g. Jane Smith, Society for Military Psychology Travel Award Program). Award winners will be notified prior to 1 JUNE 2012 and funds will be awarded during the Business Meeting of the Society at 120th APA Convention in Orlando, Florida.

PRESIDENT'S MESSAGE TONIA S. HEFFNER, Ph.D.



I am pleased to have assumed the duties of Division 19 President on 1 January 2012. It is a very exciting time to be involved with Military Psychology. There are many initiatives underway that will benefit our members

I am taking the reins from Armando Estrada who is now the Past President of Division 19. Armando's dedication to the Division and efforts he put forth during his Presidency are unobtainable goals for most people. It is my goal to continue the execution of the many initiatives started under Armando's watch. Armando focused on a) using the Division's financial resources to best benefit our members, b) developing a long-term strategy to provide Continuing Education for clinical members, and c) identifying ways to assist Early Career Psychologists (ECPs) within our Division. Additionally, the Executive Committee also identified the need to focus on how to improve communication among members of the Division.

We have made tremendous progress on each of these areas and details can be found in other pages of the newsletter. However, I want to highlight a few of these developments in my column. The Financial Planning Committee proposed several ways to give back to our membership. Division 19 Executive Committee approved two new sources of funding for our members – research grants and travel awards. Both funding sources provide options for our members to further their research and increase their participation in We also expanded our Division 19 activities. student research and travel award programs. This is just the beginning! The application process and criteria for all of these programs can be found elsewhere in the newsletter. The Executive Committee is considering other possible funding opportunities to benefit our members in other endeavors. None of these opportunities would be possible without the contributions of the Financial Planning Committee (Kathryn Lindsey, Ann

Landes, Rebecca Porter, and Eve Weber) chaired by Kathryn Lindsey and Rebecca Porter.

The Continuing Education Committee's (CEC) report can be found on the later pages of this newsletter. The CE Committee was Co-Chaired by W. Brad Johnson and Carrie Kennedy. Committee members (John Ashburn, W. Brad Johnson, Carrie H. Kennedy, Freddy Paniagua, Randy Reese, and Morgan Sammons) not only list developed a of objectives recommendations, but also accomplished two of these objectives and recommendations! They have put together an exciting pre-convention workshop that should interest psychologists within and outside of the traditional Division 19 borders as well as a program symposium that provides CE credits. At the midyear meeting, the Executive approved Committee one of recommendations and now the CEC is a standing committee of Division 19! I look forward to hearing from the new Co-Chairs Freddy Paniagua and Carrie Kennedy as they continue to lead our efforts on the CE front. My thanks to the members of the CEC for their hard work.

The Early Career Psychologists Committee (ECP Members: Dave England, Jessica Gallus, Rhett Graves, Arwen Hunter-DeCostanza, Kristen Kochanski, Greg Matos, and Krista Ratwani) was equally successful. The ECP Committee was chaired by Jessica Gallus and Krista Ratwani. As a result of their enthusiasm and hard work, the EXCOM approved to establish a standing ECP committee of Division 19. The ECP Committee will provide a vibrancy and flow of fresh ideas into the Division. In addition to accomplishing their objective to become a standing committee, the ECP Committee also developed programming for the APA convention and established travel awards for ECPs (as part of the larger travel award). The ECP Committee has more work to do so, if you are an ECP, I want to encourage you to assist the work of this committee by helping its members identify ways for the Division to best serve you!

Our most recent initiative to improve communication with the Division 19 membership is the launch of our new website. **Decostanza**, our Division Webmaster is leading our efforts on this front. With APA's assistance. the website should be a consistently available source for current Division news. We want members to view Division 19 as one of many resources available to them to further their research and practice goals and the website will be a great resource for tracking all that the Division has to offer

All of these initiatives and opportunities do not happen by themselves. We need your involvement

as volunteers to provide input on how we can best serve you as military psychologists. We need your ideas for continuing education programming. Early Career Psychologists, we need to hear from you. How can Division 19 help you further your career and involvement in the profession? We need to know what content you would like to see on the website and also your contributions to the website and the newsletter. Let me encourage you to contact any member of the EXCOM or any of the Chairs of the Standing Committees to find ways to provide input or get involved. Contact information for the Executive Committee and Committee Chairs can be found on the inside cover of this newsletter. We want to hear your ideas!

DIVISION 19 EXECUTIVE COMMITTEE MINUTES FOR 2011 RHETT GRAVES, Ph.D.

Meeting date: February 16, 2011, Alexandria, VA. Attendees (in alphabetical order): Morgan Banks, Diane Elmore, Armando Estrada, Sena Garven, Rhett Graves, James Griffith, Tonia Heffner, Larry James, Heather Kelly, Kristen Kochanski, Kathryn Lindsey, Mike Rumsey, Dale Russell, Kristine Olson, Steve Sellman, and Bill Strickland.

Welcome/Announcements: A. Estrada opened the meeting and introduced himself as the new President. He asked those present to introduce themselves. He reported that K. Lindsey would be arriving late and that APA liaisons would be visiting around lunchtime and that S. Sellman would be leaving early.

President's Report: A. Estrada presented three core issues the Division needs to address: (a) ways to spend money the Division has on hand, (b) how to keep students on as members of the Division after graduation, and to increase membership among early career psychologists, and (c) developing/providing Continuing Education for clinicians who serve military clients. Addressing (a), the President asked that the Division assemble a group to consider ways to spend/invest the Division's funds and to develop a process to judge the merit of what the funds are spent on. Highlighting that the average age of Division members is 55 and that 65% of members fall above this age, the President asked that the R. Graves, K. Kochanski, and members of the Division EXCOM

address (b) by forming an ad hoc committee to encourage recruitment, retention, and engagement among students and early career psychologists. Noting that 42% of Division members are health service providers for military populations and operational psychologists (uniformed service providers) he asked that **Brad Johnson** and Carrie Kennedy establish a 3 to 5 year plan, for Division 19 potentially to support, concerning continuing education. Discussion concerned making sure the website is up-to-date, and that a search on Google for --mitary psychology" will bring up the Division's website, and to inquire about whether the contract for tech support has expired. S. Garven proposed that materials be included on the website in the form of a FAO. addressing questions such as what it is like to be in the military from the perspective of a client (addressed to health care providers) and materials to help military clients become more savvy consumers of mental health services. M. Banks and S. Garven discussed possibilities that included a reading list to give experimental and clinical military psychologists insight into the -8ldier

Zeitgeist." The Division might also benefit from a survey of clinicians concerning what mental health service providers know about veterans. The President will draft a message to Division 19 to make formal proposals to address these issues.

Secretary's Report: R. Graves introduced himself as the new secretary, having assumed duties in Jan 2011. He provided an overview of his objectives, carrying forward those of the previous Secretary. R. Graves motioned to Approve Minutes for the 2010 meeting. Motion was approved, with caveat from B. Strickland that the revised By-Laws from the 2010 meeting be included [Current Bylaws have been included in the draft of the meeting report for 4 August 2011]. Referring back to the Early Career Psychologists committee, EXCOM discussed the possibility of establishing a Facebook page for the Division to help with recruitment/retention and with disseminating information about Division 19.

Treasurer's Report I: A. Estrada presented the report for K. Lindsey. He reported a successful turnover from B. Porter, past Treasurer, to K. Overall, the Division is doing well Lindsey. financially. Total Liabilities and Net Assets are \$196,815.33; total 2010 income was \$84,264.94. with expenses totaling \$46,346.80. Net Income was \$37,918.14. Royalties from the Journal of Military Psychology were \$59,810.20. Estrada proposed that we need a strategic investment plan and that the Task Force (noted above in the President's Report) should set criteria and procedures to evaluate requests to be addressed at the Business Meeting in August. B. Strickland noted that efforts from these committees need to be coordinated to ensure a focused mission among the Strategic Investment plan group and the Early Career Psychologist and Continuing Education committees.

Membership Committee: S. Garven reported that membership is good and has been increasing over recent years. The greatest increase in membership is typically seen around the time that potential new members of the Division are submitting proposals for the APA Convention. S. Garven noted that she would like to see greater interest in the Division from operational psychologists. A. Estrada asked S. Garven if the growth in

membership could be attributed primarily to students? There was some discussion of how this question could be answered by Keith Cooke. Discussion turned to overall APA membership, which has dropped 5% in 2010, and issues concerning the practice assessment fee. Estrada asked S. Garven to provide an email list for student groups to K. Kochanski. Additional discussion turned to ways that Division 19 might provide better support to clinical psychologists working for the VA by providing continuing education as a recruitment incentive. L. James proposed that J. Johnson should be asked about a dual fees agreement, offering joint membership with Divisions 18 and/or 21. Discussion developed around joint membership policies of other professional organizations, such as between APA and APS, with SIOP. M. Banks elaborated on historical relationship between APA and military and how APA may be misperceived by some military psychologists, discouraging their willingness to join the organization. Promoting the ways in which APA has supported the military with initiatives concerning suicide prevention, PTSD, etc., for veterans—may help to improve APA's reputation among potential members in the uniformed services.

Treasurer's Report II: K. Lindsey presented additions to A Estrada's discussion of the Treasurer's Report (above). She covered in brief the balance sheet from 2010. A primary focus of the Treasurer's investment plan is to focus on ways to invest in the membership, such as increased money for students to travel to the convention as well as early career faculty grants (\$2,000 to \$5,000 per grant was suggested). In order to bump up the transition from student to full member in the Division, it was suggested that the Division focus more on supporting early career psychologists with research grants. A. Estrada asked the group to forward ideas to K. Lindsey concerning —whta would make it worthwhile for you to join the Division?" M. Banks suggested that it was be useful to invest in technological support and put links to useful resources on the website to draw attention from potential new members. Estrada asked Heather Kelly to put together a fact sheet, —What has APA done for me lately?" The fact sheet could be distributed to military

psychologists who may be unaware of what APA is doing for the discipline of military psychology.

Members-at-Large Committee: M. Banks presented the Members-at-Large report. The committee is working to establish guidelines for training programs for operational psychology and working with the ethics committee. proposed that to recruit new members to the Division, we need to focus on how the Division can support them in going about their day to day work, such as providing a service like access to relevant publications. A. Estrada suggested that a series of white papers to address particular issues—that would be accessible to operational psychologists deployed overseas. One way to obtain these white papers may be to compete out grants. K. Koshanski added that if training were made available at the convention, this might also increase attendance by operational psychologists.

APA Initiative on Standards for Testing and Measurement: A. Estrada introduced this topic for discussion, concerning how Division 19 might inform/assist APA in their periodic effort to establish/update standards for testing assessment. S. Sellman had been responsible for a similar effort when he worked for the Office of the Secretary of Defense (OSD), who had policy oversight for testing and measurement standards in the military services. OSD approached the problem consolidating by comments and recommendations, and sending these to APA. Jane Arabian was identified as the person who may currently be in charge of the initiative. It was suggested that Division 19 could establish an ad hoc committee to request input from the Service Labs, and provide them an opportunity to comment officially. T. Heffner, M. Rumsey, and S. Garven supported an informal process to allow the military labs to provide input. Names mentioned in association with the standards for testing and assessment were Janet Held, Sofiya Velgach, Lisa Hughes, Ken Schwartz, Tom Carretta, and Kathy Moreno. The question was addressed whether Division 19 should contact the military labs to get input.

Student Affairs Committee: K. Kochanski presented the Student Affairs Committee report. In 2010, 9 travel awards in the amount \$750 were

awarded as well as one research award of \$1,500. All 10 students who received travel awards from Division 19 attended the Business Meeting at the convention. This year, up to 11 students have already been accepted to the Convention. Kochanski presented an argument for providing travel awards to each of the students who have already been accepted to the Convention, highlighting the positive response in 2010 with high attendance and interest expressed in military internships, as well as the significance of networking for students. A. Estrada noted that while providing a travel award to all students accepted to the Convention could not be a continuing policy, given increasing submissions, extending travel awards to the 11 possible students this year—11 awards at \$750 each equaling \$8.250—is reasonable. **A. Estrada** motioned to provide travel awards to no more than 11 students this year; the EXCOM approved the motion. A. Estrada presented a second motion to provide 2 research awards rather than 1 (one award for clinical and one for experimental research), both oriented toward future research, with a requirement to submit a report when the research is completed, detailing the research findings. EXCOM accepted the motion. Additional discussion points concerned the proposed Division 19 Facebook page. K. Kochanski suggested that managing the Facebook page could be a student job, and the page include information about military could internships/links to other sites. S. Garven expressed concern that the Facebook page would need to be monitored for postings or be by invitation only, with a vetted membership. Steve Danish was mentioned as a potential person to contact. A. Estrada said he would come up with a strategy to address the website and Facebook.

APA Visitors Presented on Lobbying Initiatives: Diane Elmore and H. Kelly presented APA's current lobbying concerns re the Defense Research budget—which is up overall, although there have been decreases in 6.2 and 6.3 budget allocations. They have solicited information on programs that may be defunded. One problem that they have had to combat in The Hill are bills that are informed by myths and media reports rather than scientific data and a true awareness of the situation of veterans. They feel that there is a great deal of ignorance on the Hill concerning veterans' issues. There is also

a great deal of programs being recreated when they already exist. They want to share talking points with policy makers based on Division 19 input. One area that has received a great deal of attention is caregivers, families, children of military veterans. They reported that 2.8 million has been allocated to focus on family caregivers and respite care. A request has been made to congress to fund a study of caregivers, working with the National Alliance for Caregivers. Another issue addressed concerned DADT—the LGBT Office at APA has been working with the DoD to provide support during the DADT repeal and new policy formulation. Suicide prevention is being addressed by David Rudd at U of Utah. He is organizing a conference in Sept 2011 to provide experts to educate about suicide. S. Garven argued that suicide is a problem that requires a solution that takes account of perspectives from across the discipline and not just clinical perspectives, especially when the objective is to make policy. Internship issues were also addressed. D. Russell noted a problem he has encountered with applicants who lack an APA accredited internship, but appear otherwise qualified. There was discussion of the importance of proper accreditation and students being aware of the impact attending an accredited program can have on their careers. The discussion also addressed post-doctoral slots within the military. D. Elmore presented a handout summarizing APA policy priorities related to service members and veterans. **A. Estrada** requested a copy in digits to distribute to the Division membership. The final issue addressed concerned an event at the Convention to follow-on to last year's Navy Day. The event would include military psychologists from across the services to present issues and APA would comment on what they have been able to impact and what they are seeking to address. T. Heffner suggested moving the social hour to 4 to 6 on Friday to provide an open slot for the Event. The Event would consist of short briefings and then Some discussion concerned open discussion. making the event invitation only.

The EXCOM then broke for lunch at 1202. The meeting resumed at 1300.

APA Counsel of Representatives: B. Strickland presented the report. He reported on proposed

changes to the dues structure for APA, which may result in an overall reduction in dues by \$40. He noted that while the overall reduction, this change may present an increase in dues for researchers. The question was asked whether this is due to decreases in APA membership. The reduction in cost may increase membership numbers, although APA is bringing less money per member. This change in dues will correspond with the dual membership discounts with members of APS, CPA, and the state/regional associations being rescinded. He reported that 2010 was a good year financially for APA, but this was largely due to reductions in staff and a pay cut last March; 2009 was driven largely by sales of the new Publications Manual. A final issue concerned a motion to seat voting representatives of four ethnic minority psychological associations on the APA Council of representatives. **B. Strickland** and the EXCOM discussed the main and substitute motions (these are detailed on page 103 of the Counsel of Representatives enclosures for the Midyear meeting). There was also discussion of the history of political and professional relations between Association members and ethnic minority psychologists.

Fellows Committee: M. Rumsey presented the report. Two new nominations have been approved by the Fellows Committee, have gone to APA, and will be voted on this summer by those Division 19 Fellows who attend the Division Business Meeting. EXCOM discussed the nomination process and its complexity. M. Rumsey proposed a deadline for nominations to be 7 Feb to allow sufficient time for the nomination process. A. Estrada suggested making an announcement in the August meeting to bring the deadline, etc., to the attention of the membership.

Nominations and Election Committee Report: T. Heffner presented the report. She reported that she has a slate of candidates for two positions: President-Elect and Member-at-Large (clinical focus). The slate has been submitted. Becky Porter and Eve Weber were slated for President-Elect. Steve Danish, Jeff Fite, Anne Landis, Nathan Ainspan, and James Greenstone have been slated for the Member-at-Large position.

APA Program: T. Heffner presented the report. She covered the program statistics; submission included 14 Symposia, 1 Skill Building Session, 1 Discussion/Conversation Hour, and 52 Individual submissions. Eight Symposia, 2 poster sessions. and 3 invited sessions were scheduled. In addition, the reviewer list continues to expand. working to establish a single EXCOM meeting at the Convention to free up additional hours for other programs. Finally, she covered future Convention locations through 2020, which include: Orlando, FL, in 2012; Honolulu, HA, in 2013; and Washington, DC, in 2014. The three invited sessions include speakers Larry James, Jay Goodwin, and Carl Castro. Anne Landis will be taking over as Program Chair; A. Landis is with the VA in Gainesville, FL. Discussion also included issue with verifying IRB approval for accepted research. Informed consent/human use information should be provided on the website for researchers that are operating apart from an organization that may not have a formally established IRB. EXCOM considered possibility of asking for proof of IRB approval for travel awards. K. Kochanski asked T. Heffner about the possibility of students assisting with the peer review process for the APA program. potential scenarios were discussed to involve advisory professors or doctoral level researchers in the process to review the content of the students' reviews and verify that the students' reviews are SIOP allows ABD students to appropriate. review—there was some discussion concerning what exactly ABD means, which could be defined differently in different programs. D. Russell proposed that among the three reviewers, one could be a student—he described being afforded a similar opportunity in graduate school and found the experience very informative, although the student reviews tended to be given less weight. K. Kochanski suggested that it may be useful to have students review other students' submissions. T. Heffner responded that it may be useful to have students who won the Division awards review the student submissions the following year. Heffner suggested that K. Koshanski pose the question on the student listsery to gauge interest. A. Estrada proposed that EXCOM table the discussion for the incoming program chair to address.

Mid-Year Meeting/Program: A. Estrada proposed to the EXCOM to retain mid-February as the time for the mid-year meeting.

Military Psychology Journal: Kristine Olson presented the report. Online submission has streamlined the article submission process. She is working to get more people to serve as reviewers. and explained the process of signing up as a reviewer online. The Journal has gone fully digital, and all Division members can access it online for free. There were 53 papers published in the past year. Journal stats: 85% rejection. There have been some problems noted with the automation, primarily the uploading process. S. Garven suggested having peer review documents provided to the reviewer in a form other than noncommentable pdf or html. She suggested doc format, so that the balloon comments/editing functions can be used. A. Estrada said that the reason he chose not to use that format was that it compromised the anonymity of the reviewer. M. Banks described an Adobe add-on that can overcome the problem with being unable to anonymously comment within pdf documents. With the expansion of the Journal from 4 to 6 per year, annual royalties are likely to increase; guaranteed royalties are \$45,000/year. A. Estrada and **K. Olson** are working with the publisher to develop marketing for the Journal. K. Estrada asked the EXCOM what the Division should do with the income coming from the Journal. He had some questions about compromising non-profit/tax exempt status of the Division. B. Strickland advised that it should not be an issue. EXCOM discussed increasing amount being invested and what minimum should be kept in reserve for the Division. Around \$200,000 was discussed as a possible amount to maintain in EXCOM discussed investing reserve. membership and investing to maintain a reserve.

New Business Items: A. Estrada presented the report. A. Estrada reiterated the President's Goals (noted above). He felt the EXCOM needs to explore who can take the lead on the Newsletter and talk to the publisher. L. James added that, while nice, the e-version of the newsletter was difficult to get done, especially for any one individual. S. Garven suggested a website that presents six articles, with two new articles coming

out per month, cycling the oldest two items into an archive each month. This should be an easier process given that we have someone to work on the website. A second issue concerned funding for EXCOM travel. It was suggested that the Division may cover air fare and lodging (but not per diem). A. Estrada asked the EXCOM to consider how much and other recommendations around the issue. For student representatives, the travel has always been local, but this may not always be the case and they may require funding from the Division. There was some discussion of monitoring listserv messages and the particular messages received by Presidents and past Presidents. Finally, the term limits for Student Representative were discussed. The Student Representative is an ad hoc committee that serves at discretion of the President. Kochanski was asked to provide feedback to the President when and if the position becomes a burden or a problem.

Continuing Education: A. Estrada presented the report. Two continuing education programs were conducted in 2009. These cost \$1,821.97 to run; yielded \$510.00 in revenue. To renew the Division's authority to run CE programs costs \$300.00 per year. Need to identify 2 or 3 members who are willing to lead the way. The Division should renew its efforts or re-consider whether to continue.

Military Psychology Website: A. Estrada presented the report. He opened with the question —whatdo we want the website to provide?" The content must be appealing, current, and accessible, there must be linkages to tangible information, such as literature sources and information about funding. The possibility of Facebook was again discussed as well as adding a student link to the webpage. In addition an FAQ was proposed to cover concerns such as —thw do I get into applied research in the military?" and —how do I do research with/for the military?" S. Garven and T.

Heffner also suggested that the website would be a good place to put information about IRB issues.

M. Banks suggested a web-portal format. The issue of the state of the contract with Innovative Media Concepts, LLC, was addressed. A. Estrada will look into the contract. Discussion also covered whether to move the newsletter to the web-based format and how to break out different functions/responsibilities among members to cover different areas of the Division, such as having an APA Council Representative section and another area for Students.

Awards Committee: L. James presented the report. In addition to the five current awards the Division presents, a sixth has been added: the Uhlaner Award. The Uhlaner focuses specifically on award research on selection and recruitment. B. **Strickland** suggested that a monetary award given with the Uhlaner (focused on specific research) alongside honorary awards (which are careerfocused) might create a wrong impression. Discussion focused on possible ways to divide the \$5,000 allocated for the award over a period of years or whether to award the full amount. Estrada asked the EXCOM what would be the right amount? What would have to be invested in order to be able to present a \$500 to \$1,000 award each **B. Strickland** proposed that a \$25,000 would be sufficient endowment to maintain such an award. A. Estrada concurred. The motion was made by **L. James** to present each of the awardees for the Divisions six awards \$250 this year and then adjust the value of the awards next year. There was some debate among the EXCOM. The substitute motion was, for this year, to award the Uhlaner in the amount of \$250 drawn from the Uhlaner funds and to then also award \$250 to each of the other awardees, drawing the required \$1,250 from Division funds. A. Estrada proposed the motion and the EXCOM approved the motion.

Meeting date: August 4, 2011, Washington, DC. Attendees (in alphabetical order): Marianne Ernesto, Morgan Banks, Armando Estrada, Sena Garven, Rhett Graves, Tonia Heffner, Arwen Hunter-DeCostanza, Larry James, Heather Kelly, Kristen Kochanski, Ann Landes, Kathryn Lindsey, Becky Porter, Mike Rumsey, and Bill Strickland.

Welcome/Introduction/Announcements: A. **Estrada** opened the meeting with a brief discussion of his priorities as President, including the Continuing Education Committee and the Early Career Psychologists Committee. Following his introduction, the rest of the Executive Committee introduced themselves.

President's Report: A. Estrada discussed the Strategic Investment Planning Task Force, the Committee on Early Career Psychologists, and the Continuing Education Committee, focusing on Uniformed Clinicians. A. Estrada named appointees to these Committees.

Secretary's Report: R. Graves motioned to approve the minutes from the Mid-Winter EXCOM Meeting, dated 16 February 2011. The minutes were approved. Discussion centered on the Early Career Psychologists (ECP) Committee. The EXCOM provided feedback and suggestions for how to pursue the ECP Committee's objectives. M. Banks described uniformed clinicians as coming from a particular cluster of graduate schools and that it may be advantageous to get practicing clinicians to visit other graduate schools to recruit. The group also discussed having a section for ECPs on the developing Div 19 website, going to poster sessions to talk to young psychologists as ways to expand membership.

Treasurer's Report: K. Lindsey reported that the Division is financially stable, and passed around a page summarizing the report she submitted to the EXCOM. K. Lindsev discussed her areas of focus to increase the financial health and viability of Division 19 as an organization. The discussion included funding EXCOM Mid-Year attendance for some members, having a Junior Faculty Research Grant, or a Junior Clinician Training Grant. Discussion also included an ethics for developing and instructions proposals, with a presentation format modeled on that of other APA Divisions. The EXCOM discussed developing relationships with

International Organizations and Joint Meetings with other organizations. A. Landes started discussion concerning the possibility of having a Division 19 specific conference. B. Strickland reported that George Mason had helped put together a Division specific conference in the past, and that it became student-based. B. Strickland also reported that the Air Force used to host a research conference, which was held every two years, stopped doing it. A. Estrada noted that APA is looking to provide services to Divisions. **A. Landes** noted that conferences draw in doctoral students, and S. Garven noted that conferences can be very good networking opportunities for professors and graduate students.

Research Advocacy/Lobbying: Heather Kelly presented the work that she and Diane Elmore concerning the public interest directorate. government relations, and coordination of DoD and VA work. The highlights of her discussion included various bills including the Defense Authorization Bill, NSF Bill, and the VA Funding Bill. She also discussed her meeting with Science Committee Chair at the House of Representatives. There are some problems in responding to amendments to bills until they are introduced on the floor. H. Kelly also discussed Navy Day. A. A. Estrada discussed the goal of institutionalizing Navy Day into something like a Military Hour at the annual conference. A. Estrada noted that having a Military Hour would help get word out to Division 19 about support provided by APA.

Membership: S. Garven described the growth in Division 19 membership. Membership is approaching a highpoint, moving toward the N=900 to N=1,000 range. A. Estrada noted this was the size of the membership at its high point in the 1990s. B. Strickland noted that there are more student members now than in the 1990s.

Members at Large: M. Banks discussed a joint military course for military psychologists, which would include inviting someone from the ethics

office. He noted that some medically oriented civilians have shown up, but that attendance is mostly uniformed.

Military Psychology Awards Committee: L. James noted that the Board of Membership Affairs noted a drop in membership for Divisions that have gone all online. He noted that we need a print-up, a brochure, or something like that. L. James also noted that the Division 19 Newsletter has not been published in a while. Some discussion returned to the topic of Navy Day and how something like that would benefit the outreach efforts of Division 19, as we could piggyback on what is happening by having a table or a speaker, etc. We could get someone from the APA ethics office. Steven Behnke (Director, APA Ethics Office) was mentioned as a possible POC.

Student Affairs: K. Kochanski discussed increasing the number of student awards; currently 11 are approved, with 8 travel awards and 1 research award. Outreach was discussed concerning going to poster sessions and getting applicable student information on the Division 19 website, such as opportunities for becoming a research psychologist and information on internships, and advertising the awards in a psychology bulletin targeting graduate students.

APA Counsel of Representatives: B. Strickland reported that he had been nominated to be on the Board of Directors of APA, after having completed his Council term. He reported being ineligible for reelection. Discussion moved to the APA Strategic Plan. Strickland discussed 2.1 million made available to fund 7 initiatives over three years, including building Division web pages, member engagement and value, analysis of the workforce, guidelines, treatment public education, professional development, reducing health disparities, and strategic alliances. 1 million had already been funded, and an additional 1.1 million was added. The discussion then moved on to problems related to decrease in APA membership. While APA is doing well, it has lost members and has had to cut back staff from 630 to 546. There was a recent dues reduction of \$40, but no longer get a dues credit for membership in related professional organizations. Currently, there are approximately 50,000 full members of APA. Overall, APA is healthy, owning two buildings, and about 6 million in net cash flow. 2.5 million goes into the APA Strategic Plan. Another issue discussed related to changes to the Convention—reducing hours from 1,400 to 1,000. Division 12 was given as an example, having a 32% reduction in program hours. No Division is supposed to lose more than 30% of its hours. **A. Landes** asked if we will continue to have a member on the Council. Division 19 will have a member on the council for FY12 and FY13. With respect to the Convention, it was also noted that once APA gets below 1,000 hours, this opens the possibility to go to more cities, and also fewer conflicting programs.

Fellows Committee: M. Rumsey delivered the report. He noted that there were two new fellows. He also discussed reconsidering the criteria for those who are fellows in other Divisions. Currently, if one is already a Fellow in another Division, then all that is needed is a CV. The question he posed concerned whether we want to make it harder to bring in Fellows. They are already members of Division 19, and they could be assigned duties/activities. B. Strickland noted that we might also consider requiring the endorsement of existing Fellows at the Business Meeting. A. Estrada referred to the bylaws, noting that EXCOM approves nominations, using statement or endorsement approved by existing Fellows at the Business Meeting. S. Garven noted that we start approval of nominations at the mid-year meeting. Estrada asked if we can get the material to EXCOM earlier, A. Landes asked how many applications are there typically. M. Rumsev responded that there are 1 to 3. A. Estrada noted having new fellows vetted by existing fellows, and that there is some interest in tightening the process for existing fellows.

Awards Committee: L. James delivered the report. Nominations for awards include BG Rhonda Cornum, Anthony Artino, Mike Rumsey, and Gregory Gahm.

Program Committee: T. Heffner delivered the report. The program is complete. Responsibilities have been transferred to A. Landes.

WELCOME NEW MEMBERS! SENA GARVEN, Ph.D.

The Society for Military Psychology welcomes the following new Members (M)/Fellows (F), International and Professional Affiliates (IA) and Students Affiliates (SA) as of March 15 2011 to March 15 2012.

Allison Abbe, Arlington VA (AF) Jamie L Adler, JBLM WA (M) Lorene Alexander, San Jose CA (SA) Elizabeth Almanzar, Ridgefield NJ (SA) Danielle B Almonte, Waldorf MD (SA) Valerie Alston, Olympia WA (AF) Gisette E Alvarado, Glendora CA (SA) Valerie Anderson, Colorado Spgs CO (M) Anthony P Andrews, Davie FL (SA) Nicolle C Angeli, Noblesville IN (SA) Hubert Zug Annen, (IA) Amanda S Armstrong, Lawton OK (SA) Lisham Ashrafioun, Perrysburg OH (SA) Maria Salgado, Richmond Hill GA (M) Tami B Ayala, North Las Vegas NV (SA) Erin Bailey, San Francisco CA (AF) Jason Bailey, Bellington WA (SA) Jennifer L Bakalar, Rockville MD (SA) Alycia S Barlow, Kaneohe HI (M) Laura G Barron, San Antonio TX (M) David M Barry, Rockville MD (SA) Jennifer A Barry, Alexandria VA (SA) Jennifer Bartunek, New Brighton MN (SA) Armand Basualdo, Newfield NJ (SA) Amy Bauer, Pittsburgh PA (SA) Grant R Beaman, Burnsville MN (SA) Kristen E Becker, Arlington VA (SA) Jessica Bemis, Chevy Chase MD (SA) Joanna R Benavidez, San Diego CA (SA) Kathleen M Benson, Cleveland OH (SA) Ronald J Bermel, Tinton Falls NJ (SA) Serena P Bermudez, Woodbridge VA (SA) Donald L Bernovich, Oak Park IL (SA) Abraham J Bilyeu, Grand Forks ND (SA) Laurie A Black, Mountain View CA (SA) Kelly A Blasko, Tacoma WA (M) Cady K Block, Hoover AL (SA) Charley S Blunt, Hillsboro OR (SA) Jasmine Boardman, Vallejo CA (AF) Teresa I Bobo, Woodbury MN (SA) Elizabeth Bohme, Farmington Hls MI (SA) Clarence L Bonander, Grantsburg WI (SA) Rachel Boschma-Wynn, Anchge AK (SA) Alisha R Bowen, Chicago IL (SA) Stephen V Bowles, Bethesda MD (M) Wendy Bradbury, Lorton VA (AF) Kristopher Bradley, Fredckburg VA (SA) Michael Brennan, Chicago IL (SA) Laura Briatico, Fairfax VA (SA) Brittney F Briggs, Chicago IL (SA) Chauncy T Brinton, Sandy UT (SA) Thomas W Britt, Clemson SC (M) Laura B Brockman, Valdosta GA (SA) Bianca Bronson, Cincinnati OH (SA) Randolph T Brooks, Petersburg VA (SA) Charnetta Brown, Elgin IL (SA) Christopher Brown, Steilacoom WA (SA) Joshua M Brown, Lawrence KS (SA) Beth Brustuen, Indianapolis IN (SA) Rebecca Buckman, Spotsylvania VA (M)

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Division 19 of the American Psychological Association

Divison 19 Annual Awards



The Society for Military Psychology is soliciting nominations for (1) The Arthur W. Melton Early Achievement Award, which recognizes early career achievements in military psychology made within 5-10 years of entry into the field; (2) The Charles S. Gersoni Military Psychology Award, which recognizes excellence in military psychology in the areas of research, service, product development, and/or administration made by an individual and/or group; (3) The John C. Flanagan Lifetime Achievement Award, which recognizes career-long achievements in military psychology; (4) The Robert S. Nichols Award which recognizes excellence in service by uniformed clinical psychologists to military personnel and their families; (5) Julius E. Uhlaner Award which recognizes outstanding contributions in research on military selection and recruitment; and (6) The Robert M. Yerkes Award, which recognizes outstanding contributions to military psychology by a non-psychologist. Achievements in any of these areas must clearly reflect advancement of the profession of military psychology, improved effectiveness of military psychology systems, or service on behalf of the welfare of military personnel and their families. A nomination package must include (1) a nomination letter describing the qualification of the nominee in no more than 2-3 pages; and (2) a current Resume/Vita of the nominee. Submit nominations to Armando X. Estrada, Ph.D. (aestrada1@vancouver.wsu.edu) in pdf format no later than 30 MAY 2012, midnight (EST). Please list the name of the nominee and the award on the subject line of your email (e.g. Jane Smith, Robert M. Yerkes Award). Winners will be notified prior to 30 JUNE 2012 and awards will be presented at the Division 19 Business Meeting at 120th APA Convention in Orlando, FL.

We look forward to your submissions!

MILITARY PSYCHOLOGY NEWS FROM APA

DIANE ELMORE, Ph.D., MPH, PUBLIC INTEREST & GOVERNMENT RELATIONS OFFICE (DELMORE@APA.ORG)
HEATHER O'BERINE-KELLY, Ph.D., SCIENCE GOVERNMENT RELATIONS OFFICE (HKELLY@APA.ORG)

The American Psychological Association (APA) is committed to supporting military service members, veterans, and their families through training and workforce development, federal advocacy, information dissemination initiatives, and key collaborations. This brief highlights some of APA's recent initiatives related to service members, veterans, and their families.



University of Utah/APA Suicide Prevention Best Practices Summit. On September 12-14, 2011, APA co-hosted a series of events focused on military and veterans suicide prevention with M. David Rudd, PhD, ABPP and the University of Utah's National Center for Veterans Studies. These events included a working group meeting that brought together a select group of national experts and representatives from the civilian sector, the DoD and VA, and the veterans community to identify —bet practices" for the clinical management of suicide risk with military service members and veterans. Among the invited experts were several members of the military psychology community, including COL Bruce Crow, PsyD, LTC Jay Earles, PsvD, ABPP, Armando Estrada, PhD, Gregory Gahm, PhD, COL James Griffith, PhD, Marjan Holloway, PhD, COL (Ret) Larry James, PhD, ABPP, and Mark Reger, PhD. Attendees began the process of developing recommendations that will be useful to all health care systems that serve military service members and veterans, including communitybased mental health providers. A second meeting of the working group will be held in 2012. Additional Summit events included a dinner honoring Salvatore Giunta, the first living Medal of Honor recipient since the Vietnam War; a

Members-Only Roundtable in the House of Representatives Committee on Veterans' Affairs, Subcommittee on Health; and a briefing to the U.S. Senate Committee on Veterans Affairs for Capitol Hill staff, government officials, and the general public. Additional information is available at: (http://www.apa.org/monitor/2011/12/service-suicides.aspx).



Meeting with Dr. Robin Staffin on Research Issues. On November 15, 2011, APA joined colleagues from the broader scientific community to discuss DoD research issues with Dr. Robin Staffin, the DoD Director for Basic Research in the Office of the Assistant Secretary of Defense for Research and Engineering. Dr. Staffin has responsibility for oversight of all basic research activities throughout DoD, and previously served as Associate Director of Science and Director for High Energy Physics at the Department of Energy's (DOE) Office of Science, and Deputy Assistant Secretary for Research and Development in DOE's Office of Defense Programs. Of particular concern to APA were support for behavioral science within the overall DoD 6.1 research account and collaboration with other

federal agencies (e.g., National Science Foundation, National Institutes of Health) in areas such as cognitive neuroscience and modeling.

Meeting with Senator Reed's Staff on Military and Veteran Issues. On December 5, 2011, APA met with Senator Jack Reed's (D-RI) legislative staff for health issues to discuss ways to support research and services on behalf of military personnel, veterans, and their families. Sen. Reed, a USMA graduate and former U.S. Army Ranger who serves on the Armed Services Committee as well as both Appropriations Subcommittees responsible for funding the DoD and the VA, continues to champion support for these populations and works with staff across the APA Directorates to better integrate DoD and VA research, education, and training.



Joining Forces Initiative. On January 9-10, 2012, APA participated in a White House Joining Forces event that focused on meeting the neurological and psychological needs of service members, veterans, and their families. Joining Forces is a national initiative to mobilize all sectors of society to support service members and their families. This event included representatives from nearly 30 leading health professions and related organizations. Admiral James Winnefeld, Jr., Vice Chairman of the Joint Chiefs of Staff, and his

wife, Mary, hosted an opening reception on January 9 at their home on Joint Base Myer -Henderson Hall. On January 10, the group toured the National Intrepid Center of Excellence (NICoE) on the campus of the Walter Reed National Military Medical Center in Bethesda, Maryland and received briefings from leaders of several other key DoD centers that assist returning service members. The White House and First Lady Michelle Obama hosted the next portion of the meeting, which focused on how the health care community can support the needs of service members, veterans, and their families related to traumatic brain injury (TBI), posttraumatic stress disorder (PTSD), and other mental wounds of war. Diane Elmore, PhD, MPH, represented APA at the event and highlighted psychology's strong history of service in this area and ongoing commitment to Joining Forces initiative. http://www.apa.org/about/gr/issues/military/suppor t-military.aspx.

Mental Health Training for Faith-Based **Providers.** On December 12, 2011, APA collaborated with Representative Ann Marie Buerkle (R-NY), Chair of the Subcommittee of the House Committee on Veterans' Affairs, to host a workshop for faithbased providers on the mental health needs of military service members, veterans, and their families. Workshop presenters included APA members M. David Rudd, PhD, ABPP, University of Utah; Judy Hayman, PhD, VA; Caitlin Thompson, PhD, VA; and George Ake III, PhD, Duke University Medical Center. Additional presenters included Jason Hansman, Iraq and Afghanistan Veterans of America and Tim Bejian, Retired Air National Guard Chaplain. Panelists discussed some of the signature mental wounds of war, warning signs and strategies for suicide prevention, unique stressors facing military children and families, local, state and national resources available to service members, veterans, their families, and opportunities collaboration between mental health providers and faith-based community. http://www.apa.org/about/gr/issues/military/mental -workshop.aspx.

FEATURE ARTICLE: ABPP CERTIFICATION FOR MILITARY PSYCHOLOGISTS CDR CARRIE H. KENNEDY, Ph.D., ABPP

Board certification has become an increasingly sought advanced professional credential for psychologists, providing a means to assess competency and communicate high professional standards to the public. While board certification is not required for most psychologists, military psychologists are strongly encouraged to become certified. There are many reasons for pursuing board certification but the top 4 for military psychologists are: 1) obtain the highest recognized professional credential in the field; 2) obtain a credential which is easily transferable to post-military work; 3) earn a means for easy licensure mobility and 4) obtain a higher salary. This article will focus on board certification as it pertains to military psychologists and make recommendations for military psychologists who are considering becoming certified. It should be noted that this article is largely based on the experiences of Navy psychologists.

The Department of Defense (DoD) has recognized that board certification for psychologists is an important credential and denotes the American Board of Professional Psychology (ABPP) specifically as its organization of choice for granting recognized board certification for active duty military psychologists. Military psychologists are not discouraged from becoming board certified by any legitimate board, however DoD recognizes ABPP specifically for Board Certification Pay (BCP). In 1994 psychologists were approved to receive additional pay upon obtaining board certification from ABPP. This initieatie took two years to implement and pay was made discretionary for 1995 and mandated for 1996. Initially, board certified psychologists received between two and five thousand dollars annually depending on how many years of service the psychologist had served on active duty (Assistant Secretary of Defense for Health Affairs (HA) memoranda of September 22, 1994; September 6, 1995; HA Policy 95-013). In 2009 this was changed to a blanket six thousand dollars annually for everyone regardless of how many years one had in service (e.g., NAVADMIN 057/10 Special Pay for Health Professions Officers of the Medical Service Corps). It is important to note that the Public Health Service also offers financial incentives for psychologists (dependent on how many years one has in the service), as does the Department of Veteran's Affairs (qualify for a step increase at the discretion of the local hospital).

The Navy encourages its psychologists to become board certified, though the number of board certified Navy psychologists has not changed much in the past few years. Of the 99 psychologists who are eligible for board certification (i.e., post-doctoral time and supervision requirements met), 19 are currently boarded as compared to 16 in 2006. This lack of growth is thought to be partially due to the high deployment tempo, which is a chronic and recurrent disruption to the board certification process.

To mitigate the inherent difficulties in completing the board certification process during wartime, Dr. Victoria Ingram, President of the American Board of Clinical Psychology (and former Army psychologist) noted in an interview that ABPP organized a Military Task Group in 2009 and issued Special Considerations Regarding ABPP Exams for Psychologists in the Military or Recently Returned. The Task Group instructed all specialty boards of ABPP to provide significant flexibility in scheduling and extending due dates for military psychologists facing deployment or returning from deployment (some Army psychologists have reportedly used their mid-deployment R&R to return to the states to sit for their board!). In addition, the Task Group also instructed all specialty boards to consider —wenever possible, someone familiar with the conditions under which military personnel practice should serve on the ABPP evaluation committee. Specialty Boards should ask the committee chair to pick examiners most apt to be knowledgeable about the practice of psychology in the military."

The Clinical Psychology specialty seems to be the most preferred board for military psychologists. The board routinely facilitates access to military mentors and military board members (some Navy psychologists report

having been assigned an all-military board). In the Navy for example, 18/19 active duty boarded psychologists are credentialed in Clinical Psychology with only one in Counseling Psychology. It is important to note that new military psychologists can be boarded in any of the fourteen specialties to meet the DoD requirements for BCP. Each psychologist should choose a specialty board based on their own circumstances, training, experience and interests.

The process by which to qualify for and obtain board certification is explained in detail on the ABPP website (http://www.abpp.org/i4a/pages/index.cfm?pageid=3297). The early entry program is worth considering for individuals who are early on in their training. Military psychologists can begin the ABPP process prior to internship/residency graduation and prior to licensure. The advantages of this program are a tangible \$100 savings in the initial application fee and more importantly the assignment of a mentor early in the process. This enables the individual to move through the process as smoothly as possible. For more details readers are referred to the APA website (http://www.apa.org/gradpsych/2010/03/specialty-certification.aspx).

Other recommendations for military psychologists pursuing board certification are to utilize a formal mentor, advocate with the specialty board for at least one military board member and choose practice samples and cases based on those circumstances most pertinent to the individual's training and experiences.

The Clinical Psychology specialty board has sufficient military psychologists such that applicants are usually able to be assigned a military mentor. Using the Navy as an example, new Navy psychologists can also obtain a mentor directly from the community just by asking one of the existing board certified psychologists, most of whom are willing to serve in this capacity, as well as any of the Navy's internship training directors, all of whom are board certified. Obtaining a military mentor may be more difficult in some of the specialty boards which do not have a significant number of military psychologists already certified and in this case it is prudent to accept a non-military mentor for the specialty and to ask a military psychologist for guidance with the general logistics of the process and for special matters, such as when the clinical or ethics case requires special consideration because of the military environment.

Having at least one military board member is important for these same reasons. Clinicians with no experience with the military may have difficulty with patients who are armed during a session, have combat related problems or for whom return to duty decisions must be made (as examples). Ethical issues can also have different dynamics given the plethora of military instructions and laws which pertain to military members and medical/mental health care. The specialty boards recognize these issues and ABPP as a whole has been responsive to the needs of the growing number of military psychologists.



About the Author: Carrie H. Kennedy, Ph.D., ABPP is a neuropsychologist with specialization in military psychology and aviation psychology. She is an active duty Commander in the U.S. Navy and has deployed to Cuba and Afghanistan. She is an Assistant Professor of Psychiatry and Neurobehavioral Sciences at the University of Virginia, is a past Chair of the Conflict of Interest Committee for the National Academy of Neuropsychology, and she has served as Member-at-Large of Division 19. She serves on the editorial boards of *Military Psychology* and *Psychological Services* and has published four books, *Military Psychology: Clinical and Operational Applications* (Guilford), *Military Neuropychology* (Springer), *Wheels Down: Adjusting to Life After Deployment* (APA) and *Ethical Practice in Operational Psychology: Military and National Intelligence Operations* (APA).



SOCIETY FOR MILITARY PSYCHOLOGY

Division 19 of the American Psychological Association

Research Grant Program



Description

The Society for Military Psychology is pleased to announce the research grant program to stimulate, promote and support cutting-edge research that advances the science of military psychology. Individual awards may be given for research within any area military psychology for up to \$5,000, but total funds available for awards given in the research grant program may not exceed \$15,000.

Eligibility

Any Member (e.g., members/associate/fellow) or Affiliate Member (international/professional) of the Society may apply to the research grant program. Applicants must hold a doctoral degree at the time of application. Students are not eligible to apply for this award but should apply to the Student Research Grant Program (see p. 38 for additional details).

Submission Requirements

Proposals should be concise and convey concepts in simple terms but with sufficient detail to achieve clarity. Proposals should be prepared in accordance with the latest edition of the Publication Manual of the American Psychological Association. All proposals must include the following items:

- 1. Cover Sheet—A cover sheet containing the title of the proposal, investigator's name, address, telephone and e-mail.
- 2. Abstract—An abstract summarizing the proposed research in no more than 100 words.
- 3. Introduction Section—An introduction describing the project purposes, theoretical rationale, and proposed hypotheses or research questions to be investigated. The introduction should summarize existing knowledge on the proposed topic; articulate well stated research questions/hypotheses; identify the contributions of the study; and explain why the contribution is important in advancing the field.
- **4. Method Section**—The methodology should provide an adequate description of proposed participants (including relevant demographic and/or military background characteristics); provide accurate and concise information on all measured variables; and succinctly describe all study procedures and include status of human subjects review process (which must be satisfactorily completed and a signed approval letter submitted to the award committee before grant funds can be awarded).
- 5. Analytical Strategy Section—An analytical section describing relevant descriptive and inferential statistical analyses proposed to test hypotheses/research questions. Power analyses must be incorporated into the description of the analyses to ensure that sample size concerns have been planned for in advance.
- **6. Significance to the Science of Military Psychology**—A section addressing the implications of the findings or conclusions for the science of military psychology.
- 7. **Program Plan**—Outlining an overall project plan, defined deliverables, schedule of performance and detailed budget.
- **8. Resume**—An abbreviated resume should be included with the proposal (limited to 2 pages).

Proposal packages should not exceed 15 inclusive pages. Recommended length for items (3) through (6) of the proposal is 5-7 double-spaced, typed pages; for items (7) of the proposal, 2-3 single-spaced, typed pages; and for item (9) of the proposal, 1-2 single-spaced, typed pages. The proposal must use 12-point font with 1" margins. The proposal must be submitted as a single self-contained document in pdf format, named to indicate the first author (e.g., lastname.pdf).



SOCIETY FOR MILITARY PSYCHOLOGY

Division 19 of the American Psychological Association

Research Grant Program



Evaluation Criteria

Proposals will be evaluated by a committee of scientific peers to determine which efforts are of highest quality to merit grant support. The following criteria will be used to evaluate each proposal:

- **Research approach:** An assessment of the overall quality of the conceptual framework, design, methods, and planned analyses.
- **Relevance:** Does the proposed research address a relevant topic for the science of military psychology?
- **Significance:** Does the proposal address an important problem relevant to both the academic and practitioner membership of the Society for Military Psychology? Will the proposal advance knowledge and practice in a given area?
- **Innovativeness:** Does the proposed research employ novel concepts, approaches or methods? Does the proposal research have original and innovative aims?
- **Realism:** Likelihood that the project can be completed within 1 year of award date.
- **Appropriateness of budget:** Is there clear justification and rationale for the expenditure of the award monies? Can the proposed work be accomplished with the funds requested or is there evidence that additional expenses will be covered by other sources of funding?

Deliverables

All grant award recipients will be required to deliver a final report to the Chair of the Awards Committee within 1 year of the date of the award. It is strongly encouraged that the results of the research be submitted for presentation in Division 19 at the annual meeting of the American Psychological Association.

Deadline

Materials must be submitted electronically in pdf format no later than 30 MAY 2012, midnight (EST) to Kelly Ervin, Ph.D. (Kelly.S.Ervin.civ@mail.mil). List your name and the name of the award on the subject line of your email (e.g. Jane Smith, Society for Military Psychology Travel Grant Program). Award winners will be notified prior to 30 JUNE 2012 and will be acknowledged during the Society for Military Psychology Business Meeting at the annual meeting of the American Psychological Association.

SPOTLIGHT ON RESEARCH

KRISTA LANGKAMER-RATWANI, PH.D.

Welcome to the Spotlight on Research! This column will showcase research from R&D laboratories within DoD, partnering organizations, as well as the academic and practitioner community within military psychology. Research will include a wide variety of studies and programs, ranging from preliminary findings on single studies to more substantive summaries of programmatic efforts on targeted research areas. Research will be inclusive of all disciplines relevant to military psychology – spanning the entire spectrum of psychology including clinical and experimental, as well as basic and applied. If you would like to showcase your research, please contact Krista Ratwani at kratwani@aptima.com or 202-552-6127. This spotlight features research being conducted by the U.S. Army Research Institute for the Behavioral and Social Sciences (ARI) on the challenges associated with leading Soldiers in the garrison environment.

The Challenge of Leadership within the Garrison Environment

Krista Langkamer Ratwani, Ph.D.

Aptima, Inc.

Jeffrey E. Fite, Ph.D.

U.S. Army Research Institute for the Behavioral and Social Sciences

Research Overview

Currently, ARI's Ft. Hood Research Unit, together with Aptima, Inc., is conducting research to understand the leadership challenges that are present in today's garrison environment. The purpose of the research is to uncover the knowledge, skills, and abilities (KSAs) that junior noncommissioned officers (NCOs) need to be effective within that environment. The KSAs identified by the research, as well as information uncovered about the garrison environment, will support NCOs leading Soldiers in operational units.

Problem to Solve

Today there is concern that many of the Army's leaders – particularly our junior leaders – are not equipped with the KSAs required to effectively train, lead, and discipline Soldiers in the garrison environment (Department of the Army, 2010; Graham-Ashley, 2010; Stairrett, 2010). Prolonged, recurring combat rotational requirements have produced leaders that are highly skilled warriors but unaccustomed to taking care of Soldiers in the garrison environment. Given the post-9/11 changes that have characterized the garrison environment,

value of, and appreciation for, good order and discipline practices need to be instilled into the officer and NCO corps.

Training will play a key role in efforts to restore strong leadership to units in garrison, although a simple return to pre-9/11 professional military education (PME) curricula may not be enough. Implementation of effective training of leadership skills for the garrison environment will first require research to identify leadership skills and requirements that may be unique to today's Army. The Army has operated at a high operational tempo for more than a decade now and, as a result, junior leaders may be less experienced in garrison leadership than their counterparts of the past. Thus, research is required to identify leadership skills and requirements that are unique to today's Army, and to determine whether or not current PME curricula needs to be adjusted to account for the experiences and training that today's leaders have (and have not) accrued since 9/11. It is especially important that such research be conducted for the Army's NCO corps because – as stated in FM 7.22-7, The Army Noncommissioned Officer Guide (Department of the Army, 2002) – among the many duties of NCOs, training and taking care of Soldiers are their priorities.

Solution and Approach

The research described here is focused on defining the garrison environment and the associated challenges. leadership After the garrison environment is properly defined, the KSAs that junior NCOs need to be effective within that environment will be analyzed. A combination of both operational input and leadership theory is being utilized to conduct this research. First, a comparison of the operating environment as described in field manuals from 1976 to the present is being conducted. The purpose of that analysis is to understand the primary training and operational foci of the Army at various time periods, and hence the related demands placed upon Army leaders. A comparison of the descriptions in the manuals will yield valuable information about how and what leaders should be trained on. In addition, input from current, active-duty Soldiers is being solicited to understand how they define the garrison environment – what are the current challenges that they face? And, what tasks must they conduct within this environment? Input is being obtained not only from NCOs, but individuals up (e.g., lieutenants and captains) and down (e.g., their subordinates) their chain of command. By gathering input from all levels, a more comprehensive picture of the duties and leadership challenges faced by junior NCOs can be developed. Finally, leadership theory is being used to frame the analyses in sound, scientific theory. For example, functional leadership theory (Hackman & Walton, 1986) argues that a leader's main job is to accomplish whatever is needed to meet the needs of his or her subordinates. By applying functional leadership theory to the current problem, the identification of KSAs will be easier. For instance, the garrison environment can be represented as a number of leadership challenges, which can then be broken down into more specific leadership tasks, from which trainable KSAs can be derived.

Finally, information gathered from military doctrine, leadership theory, and the Soldiers themselves will be combined to create training recommendations. It is important to note that the recommendations put forth from this research will

not only focus on *what* needs to be trained, but *how* the training should occur and *when* to train specific KSAs. The Army puts forth three pillars (i.e., methods) of leader development (institution, self-development, and experience). Each of those pillars can serve to augment an NCO's leadership capability, and hence, the KSAs identified as important for effective garrison leadership will be analyzed in relation to each of the three training methods. In addition, careful consideration will be given as to when in an NCO's career certain skills should be learned. By taking this continuous learning approach, training recommendations can be made that provide NCOs with the skills needed for success at various points in their careers.

Findings

To date, data have been collected from 29 Command Sergeants Major (CSMs) who were completing a two-week CSM course at Ft. Leavenworth, Kansas. The average age of the participants was 43.89 years (SD = 3.69), and the average time in service was 23.67 years (SD = 2.94). The CSMs interviewed reported that leading Soldiers in garrison was generally more difficult than leading in theater. The most frequently discussed challenges associated with leading in garrison included the following: a lack of (or lack of knowledge about) resources available in garrison; less control over Soldiers and more distractions compared to while in theater; and, a lack of training on how to lead Soldiers in garrison.

The CSMs also spoke about the KSAs junior NCOs need to be effective leaders in the garrison environment. However, despite the fact that the participants discussed the challenges of leading in garrison, the KSAs mentioned did not differ greatly between garrison and theater environments. Across both environments, general leadership competencies such as mentoring and self-awareness were discussed. The one skill set frequently mentioned was interpersonal skills. Given that NCOs must watch over and be concerned for the well-being of their Soldiers while in garrison, that skill set certainly seems relevant.

Preliminary data are currently being examined from a functional leadership perspective to gain more insight into the KSAs required of junior NCOs. For example, specific, trainable KSAs can be discerned from understanding that NCOs must attempt to minimize distractions and keep their Soldiers focused on the tasks at hand. Future interviews and focus groups will seek to identify additional tasks required of junior leaders to help define what the garrison environment looks like and to also uncover the necessary skill sets.

This research will support junior NCOs leading Soldiers in operational units. It may also help to enhance the training and education curriculums for junior leaders. NCOs are the backbone of the Army, and research must continue to understand how to help them maximize their effectiveness in all environments.

Additional information regarding this research may be obtained from:

Dr. Krista Ratwani Aptima, Inc. 1726 M St NW (Suite 900) Washington, DC 20036 Email: kratwani@aptima.com

Dr. Jeffrey Fite U.S. Army Research Institute Fort Hood Research Unit (Mail Stop 70) Fort Hood, TX 76544 Email: jeffrey.e.fite.civ@mail.mil

SPOTLIGHT ON HISTORY PAUL GADE, Ph.D.

Welcome to the Spotlight on History! This column will showcase stories on the history of military psychology. Accounts presented in the column will be inclusive of all areas of military psychology. If you would like share a historical account in this column, please contact Paul Gade, Ph.D., paul.gade39@gmail.com. The inaugural feature for this column will be forthcoming in the next issue of our newsletter. Stay tuned!



SPOTLIGHT ON PEDAGOGY

STEVE TRUHON, PH.D.

Welcome to the Spotlight on Pedagogy! This section showcases educational activities associated with the teaching of military psychology. Activities showcased will be inclusive of all disciplines relevant to teaching of military psychology – spanning the entire spectrum of psychology including undergraduate and graduate. If you would like share to showcase any pedagogical activities contact Stephen Truhon, Ph.D. at truhons@apsu.edu. The inaugural feature for this column highlights Psychology's contribution to leader development at the United States Military Academy at West Point by COL Bernard B. Banks, Ph.D.

Psychology and Behavioral Sciences' Influence on Military Activities: What Are Some of the Challenges and Opportunities?

Bernard B. Banks, Ph.D.

United States Military Academy at West Point

Introduction

The military engages in a myriad of practices which conceptually undergirded psychological and behavioral science constructs. As such, the need for military professionals with a deep expertise in those fields is tremendous. However, the actual cadre of people formally trained in those disciples is scant. For example, the number of research psychologists within the Army's Medical Service Corps numbers less than 30 (and the total number is still less than 160 if you add in clinical psychologists). Understanding the importance of these disciplines to the military's operations, it is incumbent upon those who possess the appropriate expertise to assist in educating others about the challenges (and opportunities) associated with using our science artfully. More importantly, such efforts must be institutionalized in order to ensure the appropriate amount of rigor and support is present if our disciplines are truly empowered to enhance the work we perform on behalf of the nation. For the purposes of illustration, the United States Military Academy at West Point (USMA) offers a cogent example of how leaders are seeking to improve the integration of science in service of informing the art of leader development.

West Point Leader Development System

The West Point Leader Development System (WPLDS) is the conceptual model that outlines the Academy's process for guiding cadets through their journey to become officers. The system is the institution's latest iterative effort in refining its developmental framework. Conceptually, the components process incorporates five (developmental experiences, new knowledge and capabilities, individual readiness, reflection, and time) which are moderated by various factors (e.g., challenge presented by various of experiences, depth of assessment, variety of experiences, amount of support afforded each cadet, openness to new experiences, and reflective capacity). The primary desired outcome of the WPLDS is the creation of an individual who has identity West an Point internalized calls —dfcership." The officership identity is operationalized as possessing four components (warrior, member of profession, servant to the nation, and leader of character). However, the WPLDS is also designed to facilitate West Point graduates' ability to -do ten things well (e.g., West Point graduates will possess the ability to lead and inspire their units to accomplish all assigned missions).

The execution of the framework occurs through the creation of specific activities arrayed in six developmental domains (military, intellectual, physical, moral-ethical, social, and human spirit). However, the intent is to have no activity occur in isolation. So, an integrative approach is employed

in order to develop cadets simultaneously across multiple dimensions. The following example is representative of how that philosophy manifests All cadets must play a sport (e.g., intramurals, competitive club, or intercollegiatelevel team). All intramural sports are refereed by the cadets. Because doing so is the conscious integration of the physical domain (playing the sport) with the ethical domain (learning how to make decisions when faced with competing interests--peer pressure, organizational affinity, etc.). Countless other activities are consciously crafted to address developmental objectives that span multiple domains. Yet, what many people fail to realize is that the basic foundation for all the Academy's identity development efforts is a psychological model--Robert Kegan's model of psychological development presented in his 1982 book, The Evolving Self. A recent review of leader development at West Point revealed that few people at the Academy truly understand Kegan's model and its implications. Accordingly, the absence of clarity is reflected in leader developers' lack of rigor when examining the appropriateness of efforts they undertake in service of advancing the cadets' identity development.

Kegan's model and its relation to WPLDS

As previously highlighted, the WPLDS is specifically concerned with enabling the internalization of an identity. The first part of that identity is classified as being a —warior." warrior is defined within the WPLDS as the state of mind and way of being associated with knowing how to fight, and win, our nation's battles. The second part of the identity is aligned with viewing oneself as a — rember of a profession." Embracing what it means to possess the unique jurisdictional expertise necessary to ensure the sound employment of military arms, adoption of the military culture, and adherence to the ethical standards associated with military service are all hallmarks of this component. The third component of the officership identity is -srvant to the This component distinguishes the nation." graduates' obligation to place the needs of others ahead of their own. Finally, the last component of the officership identity is the distinction characterized as a -elader of character." WPLDS denotes a leader of character as someone who

actively pursues the truth, decides what constitutes the right course of action, and has the courage to take action accordingly. While easy to define, the path towards embodiment of the officership identity is very complex and non-linear. Therefore, knowing what factors influence the process and why they matter is important given the difficulty of the challenge.

The Kegan model of psychological development serves as the foundation of the WPLDS process because of its focus on adult development and where the cadets are positioned in their developmental evolution when entering the Academy. Kegan's model describes six stages in the psychological development process for human beings (incorporative stage, impulsive stage, imperial stage, interpersonal stage, institutional stage, and the inter-individual stage). important to note the WPLDS process officially codifies achievement of Kegan's institutional stage graduation as one of its objectives. Furthermore, the process assumes most cadets enter the Academy firmly rooted in the model's imperial stage. So they must ideally progress out of that stage and completely through the interpersonal stage during their cadet careers--a challenge according to conception of the process. Hence, that challenge highlights the importance of leader developers possessing a deep understanding of psychology in service of enhancing their ability to more cogently design developmental interventions. only a handful of Academy personnel (primarily Cadet Company Tactical Officers and faculty members teaching inside the Department of Behavioral Sciences & Leadership) receive in depth instruction examining how Kegan's model (and other developmental models) functions. Yet, the WPLDS document states that everyone at the Academy plays a tangible role in the development of cadets. The lack of awareness concerning how Kegan's model (and others) can assist in assessing what type of developmental interventions might best suit the needs of a given cadet is one of the biggest challenges posed to the WPLDS. Additionally, many leader developers at USMA are not aware of how the WPLDS itself is constructed. So, we are leaving potential untapped because of the lack of awareness present in the WPLDS process. But, opportunities always accompany challenges!

The opportunity available to military personnel who possess a psychology background

Currently, West Point is in the process of making adjustments to its developmental approach. The ongoing revision is looking at ways to better assess where cadets are at developmentally and why. tools Additionally. a variety of (e.g., psychometrics, reflective exercises, process consultation, coaching) from various fields within the psychology discipline are being experimented with in an attempt to better employ our science in service of forging the identity of officership. The Academy's leadership is committed to ensuring the current revision process results in an enhanced and understanding of. emphasis on. constitute psychological concepts that the foundation for the Academy's developmental Similar efforts must be undertaken efforts. throughout the military in order to accelerate the development of our personnel. What will it take to more effectively educate everyone in the military on how psychology can inform our efforts as leader developers and organizational citizens? The pace of change in our organizations and operating environment are serving as the impetus for why such action is required.

To date, the direct training of military personnel in psychological concepts has been restricted to a select few. To be clear, military personnel are exposed routinely to psychology. But, such exposure is almost always an application of a concept (devoid of providing any context or understanding about what psychological principle is being applied). There are a number of reasons for this reality. Some psychological concepts are not easily understood by lay people. Accordingly, not all psychological concepts lend themselves to a —keeklist" format or are easily observed. Likewise, we have largely left it up to people's personal agendas as to whether we'd support their pursuit of advanced study in psychological topics. For example, the only psychology graduate programs of study available for a typical Army Operations Career Field officer who is not a scholarship recipient (e.g., Rhodes, Marshall) or designee for a Graduate School Active Duty Service Obligation slot are almost exclusively associated with service on the USMA faculty. Structurally, we have not made it easy for people to learn more about how psychology influences our organizations. The military is a people centric entity. Therefore, we must enhance our understanding of people through formal study. Additionally, we must make the psychological frameworks associated with our various activities more explicit. Doing so will allow people to enhance their understanding of such concepts through personal inquiry.

Conclusion

The field of psychology has never been more important to the military than it is today. WPLDS example highlights why rigorous developmental exploration of pedagogy, experience appropriateness, and assessment is so Our military requires leaders who important. understand the psychological and behavioral sciences which inform the art of leading. Consequently, the military must enhance its commitment to providing advanced psychology education to its mainstream personnel. Failure to do so will only reduce our ability to cogently seize the opportunities present in our people while adroitly addressing the challenges posed by the ever increasing complexity of the world around us. So, what will it take for the military to leverage psychology more effectively?

About the Author: COL Bernard B. Banks, Ph.D. is a Professor and Deputy Head of the Department of Behavioral Sciences & Leadership at the United States Military Academy. Prior to his current assignment, COL Banks commanded the 3rd Squadron-6 Cavalry Regiment in South Korea. He holds M.Phil. and Ph.D. in social-organizational psychology from Columbia University; graduate degrees from Harvard University, Northwestern University, and the U.S. Army War College. Email: Bernard.Banks@usma.edu

FINANCIAL PLANNING COMMITTEE REPORT KATHRYN LINDSEY, PH.D.

Financial Planning Committee (in alphabetical order): Ann Landes, Kathryn Lindsey, Rebecca Porter, and Eve Weber

The financial health of the Society for Military Psychology has grown stronger with the increasing success and significant royalties from the Journal of Military Psychology. Accordingly, it is necessary to identify ways to spend those proceeds to support the needs and desires of the society's membership. Under the directive of our immediate past-president (Armando Estrada, Ph.D.), the Division 19 Financial Planning Committee was created in the summer of 2010. The committee had three main goals which included developing a financial investment plan for the division in support of key objectives outlined in the Strategic Plan. The committee was charged with developing three concrete products to present to the EXCOM which included:

- 1. Identifying key initiatives and proposals for priority funding.
- 2. Developing criteria and procedures by which to evaluate funding requests.
- 3. Compiling a report outlining criteria, procedures, and plans for the EXCOM.

Significant discussion among the committee members took place regarding ways the division might leverage interests of the membership as well as continuing to maintain focus on the division's increasing world-wide relevance. A call was submitted via the listserv to all Society members to request ideas that could be considered for funding support from the division. The committee request was well-received and 19 responses from the membership were received by the committee (see Appendix B). Analysis of proposals yielded five types of submissions:

1. Research Grants. Proposals received included requests for funds to support research and studies. These proposals aligned with Strategic Plan Objective 1 focusing on *Advancing Science*. Proposals could be further classified to include Early, Mid and Senior Career to foster

advancements in science from members of all experience levels.

- 2. Workshop Grants. Proposals received included requests to support education and training workshops for practitioners and scientists. These proposals aligned with Strategic Plan Objective(s) 1 and 2 focusing on Advancing Science and/or Advancing Practice. Sending individuals to workshops geared toward enhancing research or clinical knowledge and skills is important for advancement in the broader field of psychology. Workshop development grants could support symposia and/or special meetings in any area of military psychology (e.g., Continuing Education development and administration, sponsorship of joint meetings with professional organization and military sponsors, sponsorship of pre-convention workshops).
- 3. Travel Grants. Proposals received included requests for funds to support engagement and participation in the midyear and annual meetings and/or other military psychology programs. These types of proposals aligned well with Strategic Plan Objective 3 focusing on Engagement, Participation, and Growth in membership. Travel grants could be made available to support travel to EXCOM meetings, attendance and participation in the annual meeting of the Society at APA, as well as support travel to other military psychology programs for individuals in need. Travel grants could also be used to support essential planning, development of programs, and decision-making for the division.
- **4. Fellowship Grants**. Proposals received included requests for funds to support education and training opportunities for individuals at the pre-doctoral, doctoral and post-doctoral levels. These proposals aligned well with Strategic Plan Objective 2 focusing on *Advancing Practice*. Spending in this area could be used to enhance education and training designed to increase

expertise in clinical treatment of military populations (e.g., PTSD, marriage and family, chronic pain management) or methodological/statistical expertise in any area of military psychology.

5. Advocacy Grants. Proposals received included requests for funds to engage in advocacy efforts to support advancement of military psychology within general psychology as well as within the public at large. These proposals aligned well with Strategic Plan Objective 5 focusing on *Strategic Partnering*. Advocacy can take on many forms but should be focused on the advancement and promotion of military psychology within the larger psychology profession as well as within the public at large (e.g., sponsorship of joint meetings with professional organizations and military sponsors, relationship development with other divisions and international organizations).

After extensive consultations with Division President Estrada and several formative discussions among members of the Financial Planning Committee (Kathryn Lindsay, Rebecca Porter, Anne Landis), the committee proposes the following recommendations for the way forward:

Recommendation 1: Fund Research Grant Program. The committee recommends the development of a research grant program to fund research by Early Career Psychologists (e.g., less than 7 years post completion of doctoral training), Mid-Career Psychologists (e.g., within 7-14 years post completion of doctoral training) and Senior-Career Psychologists (e.g., 14 years post completion of doctoral training). Three awards should be considered annually for each category

(ranging from \$5K to \$10K) for a total of up to \$15K annually.

Recommendation 2: Fund Workshop Grant Program. The committee recommends the establishment of a workshop development program to support development education and training opportunities within any area of military psychology. Three awards may be considered annually (ranging from \$500-\$1000) for a total of up to \$3K annually.

Recommendation 3: Fund Travel Grant Program. The committee recommends the development of a travel grant program to support travel to midyear and annual meeting as well as attendance and participation in military psychology related programs and activities. Up to 10 awards should be considered annually, with each award for \$750, for a total of up to \$7500K annually.

Recommendation 4: Fund Fellowship Grant Program. The committee recommends the development of a fellowship grant program to fund education, training and research opportunities for individuals at the pre-doctoral, doctoral, and post-doctoral level. One award should be considered annually for a total of up to \$10K annually.

Recommendation 5: Fund Advocacy Grant Program. The committee recommends the development of an advocacy grant program to fund advocacy efforts in any area related to military psychology. One award should be considered annually for a total of up to \$1,500 annually.

Additional information regarding the CE Committee may be obtained from **Kathryn Lindsey**, **Ph.D.** (Lindsey@usna.edu).

CONTINUING EDUCATION COMMITTEE: REPORT ON PROFESSIONAL DEELOPMENT W. Brad Johnson, Ph.D., Freddy Paniagua, Ph.D., ABPP, & Carrie H. Kennedy, Ph.D.

Continuing Education Committee (in alphabetical order): John Ashburn, W. Brad Johnson, Carrie H. Kennedy, Freddy Paniagua, Randy Reese, and Morgan Sammons

The enhancement of professional development among the Division 19 memberships is a major objective of this division. Under the directive of our immediate past-president (Armando Estrada, Ph.D.), the Division 19 Continuing Education Committee was created in the summer of 2010. The main goal of this committee is to provide military psychologists (those associated with all the components of the Department of Defense and the Veteran's Administration), and psychologists with interests in military populations, the opportunity to participate in high-quality continuing education programs. These programs will be designed both to generate required CE credits for licensing renewal, and simultaneously keep psychologists on the cutting edge with regard to major research and clinical developments in their specialty area.

After extensive consultations with the APA-CE accreditation office and Division President Estrada, and several formative discussions among members of the C.E. Committee (John Ashburn, Brad Johnson, Carrie Kennedy, Freddy Paniagua, Randy Reese, and Morgan Sammons), the committee decided to focus on the following objectives:

1. Develop high-quality CE opportunities in association with the annual American Psychological Association (APA) convention. Ideally, this will include at least one formal pre-convention workshop (4-hours of CE credit) designed to appeal to the interests of both military psychologists and civilian psychologists who work in military settings or serve military populations in various ways. It will further include sessions (workshops and symposia) in the regular division program that will include a CE option.

We are pleased to report that the Div. 19 CE Committee will sponsor a pre-convention workshop for the APA meeting in Orlando. This four-hour workshop will be provided by Heidi S. Kraft, Ph.D., entitled "Providing Mental Health Care In and After Combat: Challenges, Rewards, Risks, and Growth." Dr. Kraft is a former Navy Psychologist and the author of *Rule Number Two* (2007, Little, Brown & Co.) about her experiences during deployment with the Marines in Iraq. She is in high demand as a speaker. Her 4-hour workshop will emphasize the challenges, risks, and rewards of providing mental health care in a combat zone. She will give particular attention to the clinical, ethical, and personal challenges unique to deployed settings.

In addition, the CE Committee submitted a twohour symposium proposal for APA Orlando with the title: "When Everyone is a Potential Client: **Boundaries and Multiple Roles During Military Deployments."** Presenters include **Shannon** Johnson, Ph.D., Bret Moore, PsyD, Heidi Kraft, Ph.D., and Jeff Case, Ph.D., all psychologists with significant experience with deployment to combat zones. The discussant is Gerry Koocher, Ph.D., past APA president and an expert in the field of professional ethics. We are pleased to announce that this program has recently been accepted and will afford two hours of ethicsrelated CE credit for Division 19 members and others interested in the topic of multiple roles and boundaries in embedded contexts.

- 2. Develop high-quality CE opportunities in association with an APA-accredited provider of continuing education. The CE Committee plans to explore and develop partnerships with existing providers of professional CE programs. These may include online programs and formal workshops and trainings delivered on topics and in geographical locations likely to appeal to Division 19 members.
- 3. Develop high-quality CE opportunities for psychologists who are deployed or serving

in remote locations. The committee discussed the novel idea of developing a network of Division 19 psychologists—with expertise in specific areas of military psychology—who might be willing to offer CE workshops to small groups of psychologists when they travel as part of their work or while deployed. So, a psychologist tasked with work-related travel overseas might arrange to offer a CE workshop (approved by APA) during his or her visit. This will provide much needed CE credits to psychologists who may not be able to travel for face to face CEs due to deployment, remotduty stations and/or command travel funding issues (an increasing problem). The committee is currently in discussion with a group of deployed providers.

After careful consideration, the Division 19 Continuing Education Committee recommended that the division take the following steps moving forward:

- 1. Make the Continuing Education Committee a permanent committee within the division. We propose that the committee consist of 3 members serving staggered 3-year terms. One new member will be appointed each year. During his or her third year as a member of the committee, that member will serve as chair.
- 2. Make the offering of high-quality preconvention and convention CE-credit workshops and symposia a top priority such that military and VA clinical psychologists become accustomed to participating in division-sponsored CEs annually.
- 3. As time and resources allow, pursue additional avenues for delivering high quality CEs, such as through online programs and other mechanisms for deployed or isolated psychologists

Additional information regarding the CE Committee may be obtained from CE Co-Chairs: Freddy Paniagua, Ph.D. (faguapan@aol.com) and CDR Carrie H. Kennedy, Ph.D. (CHK2F@hscmail.mcc.virginia.edu).

EARLY CAREER PSYCHOLOGISTS COMMITTEE REPORT

JESSICA GALLUS, Ph.D. & KRISTA LANGKAMER-RATWANI, Ph.D.

Early Career Psychologists Committee (in alphabetical order): Dave England, Jessica Gallus, Rhett Graves, Arwen Hunter-DeCostanza, Kristen Kochanski, Greg Matos, and Krista Ratwani.

Division 19 is committed to promoting the engagement, participation and growth of the membership, especially Students and Early Career Psychologists (ECPs). Under the directive of our immediate past-president (Armando Estrada, **Ph.D**.), the Division 19 Early Career Psychology Committee was created in the summer of 2010 to (a) identify activities, projects and programs to promote the engagement and participation of ECPs; (b) advise on successful strategies for recruitment, retention and engagement of ECPs; and (c) compile a report documenting activities recommendations for the Executive Committee. After extensive consultations with the past-president Estrada, and several formative discussions among members of the ECP (Dave England, Jessica Gallus, Rhett Graves, Arwen Hunter-DeCostanza, Kristen Kochanski, Greg Matos, and Krista Ratwani), the committee decided to pursue the following objectives:

- 1. Establish a permanent ECP committee
- 2. Develop information for Div19 website
- 3. Develop Travel Award for ECPs
- 4. Develop programs for ECPs at APA
- 5. Conduct ECP Needs Assessment

We are pleased to report that the ECP Committee organized a symposia and a poster presentation for the APA conference. A poster presentation entitled Early career psychologists' perspectives on careers in military psychologist" will be presented Friday August 3, 2012, and an ECP military Conversation Hour with senior psychologists on "Successful careers in military psychology: Wisdom offered bv professionals" will take place on Thursday August 2. 2012. After careful consideration, the Division 19 Continuing Education Committee recommended that the division take the following steps moving forward:

- The 19 **ECP** 1 Division Committee recommends that the Division make the ECP Committee a permanent committee within Division 19. By establishing a more formal presence within the Executive Committee, the ECP committee will better be able to align its' goals and mission with the overall goals of Division 19. This presence will serve to enhance collaboration and communication between the ECP committee and the division as a whole. Therefore, it is proposed that the permanent committee consist of three members serving staggered terms. A new member will be appointed each year. During his or her third year as a member of the committee, the member will serve as chair. Additional members will be selected by the committee, with approval of the President, to specific **ECP** pursue initiatives. Responsibilities will include the following: (a) reporting to the EXCOM on initiatives related and ABD/job-seeking/interning **ECPs** students who are transitioning into the military psychology workforce, (b) conducting a needs assessment to identify the needs of ECPs, (c) organizing social activities for ECPs at the Convention (i.e., activities related to the hospitality suite), and (d) promoting awareness of military psychology for ECPs (e.g., contribute to the Division website, blog, and yearly submission of a symposium to APA).
- 2. The Division 19 ECP Committee recommends generating at least one networking or social activity for ECPs at APA. This could include a happy hour, a community outreach activity, a meet and greet session, or the informal pairing of junior ECPs with more senior military psychologists.
- 3. The Division 19 ECP Committee recommends that the EXCOM approve the creation of a discussion forum with the

understanding that the best form of media will be determined by the ECP-focused needs assessment (described below). Early Career Psychologists, as well as pre- and postdoctoral trainees, may benefit from increased engagement around topics important to their professional development. These individuals increasingly represent a technologically sophisticated cohort, able to communicate with each other utilizing various social media platforms. Social media platforms may include Facebook, Twitter, LinkedIn, and online journals (blogs). The forum will allow posting from ECP committee members on pertinent content and then allow all members to provide comments, to ask additional questions, and will be moderated by designated members of the ECP committee. Developing an integrated system of communication between these members has the potential to increase peer support, collaboration, and engagement in Division 19 activities.

- **ECP** 4. The **Division** 19 **Committee** recommends that an ECP-focused needs analysis survey be developed and fielded, for results to be reported no later than August 2012. Potential topic areas include current ECP Division 19 activity, interest in various social media forums, mentorship and opportunities, professional networking challenges, and Division 19 improvements. Results of the survey can be used to inform the development of initiatives that are of value to ECPs and to identify opportunities for greater engagement with ECPs and Division 19.
- 5. The Division 19 ECP Committee recommends the establishment of an ECP Travel Award to support ECP attendance and engagement at the Division 19 events. The ECP Travel award would help to off-set costs associated with participation in Division

19 activities (e.g., midyear and annual meeting; participation in other Division 19 sponsored events). Although APA does offer a similar travel awards to ECPs, we believe that it is imperative that we establish a mechanism to support ECPs within Division 19. believe this is particularly important given the current economic climate, which is likely to see a reduction on conference participation for members of our profession. The Division 19 ECP Travel Award will help to promote participation and engagement of ECP members and further the goals and mission of the Division 19 ECP committee and Division 19 (see Strategic Plan). We propose that 5-10 awards be given in the amount of \$750 each for a total of \$3750-\$7500 per year. Awards would be given on a competitive basis and acceptance of a poster/presentation at the Division 19 annual meeting would be required. We would also give special consideration to individuals attending the conference for the first time.

Additional information regarding the ECP committee may be obtained from ECP Co-Chairs:

Dr. Jessica Gallus

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Foundational Science Research Unit
2511 Jefferson Davis Highway/DAPE-ARI-FSRU
Arlington, VA 22202-3926
Email: jessica.gallus@us.army.mil

Dr. Krista Ratwani

Aptima, Inc. 1726 M St NW (Suite 900) Washington, DC 20036 Email: kratwani@aptima.com

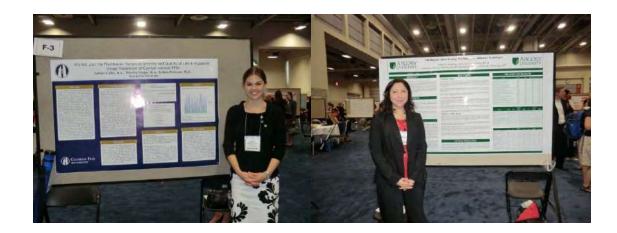
GRADUATE STUDENT COMMITTEE REPORT LT KRISTEN KOCHANSKY

2011 was an exciting year for students in Division 19. We awarded seven students travel awards for students to present posters or give talks at the APA Convention. Awards were presented to the following students:

- Ms. Marilyn A. Cornish and Melissa A. Knight: Religious Coping As a Moderator of the Link Between Combat Exposure, PTSD, and Relationship Quality
- Mr. Abraham J. Bilyeu: Veteran Academic Transitions Inventory



- Ms. Carilyn C. Ellis: It's Not Just the Flashbacks: Symptom Severity and Quality of Life in Inpatient Group Treatment of Combat-Related PTSD
- Ms. Sabine Heisman: Intelligence Interviewing: Psychological Influence Techniques



- **Ms. Brooke E. Zumas:** An Examination of Sleep and Napping Patterns as a Function of Cadet Class Year at a Military Institution;
- Ms. Rachel E. Wiley: *Identifying Risk and Protective Factors of Vicarious Trauma and Resilience in Military Psychologists: How Can Supervision Help?*
- Ms. Rebecca K. Blaise: Help Seeking for Psychological Problems in OEF/OIF Veterans: Perceived Stigma, Self-Stigma, and Attributions for Problems; Engaging Military Service Members and Veterans in Mental Health Treatment.



Additionally, **Ms. Jennifer Bakalar** from the Uniformed Services University of the Health Sciences was awarded our student research grant for her proposal entitled, *Post-deployment predictors of alcohol use among United States Service members with and without a history of inpatient psychiatric hospitalization. Ms. Bakalar's abstract follows:*



Division 19 Student Research Grant Award Winner for 2011

Post-deployment predictors of alcohol use among United States Service members with and without a history of inpatient psychiatric hospitalization

Jennifer Bakalar

Uniformed Services University of the Health Sciences

Background: Psychiatric admissions are a leading reason for inpatient hospitalization in the US military and are more likely to lead to separation than medical admissions. Service members returning from deployment are susceptible to increased alcohol use and a range of psychosocial risk factors strongly associated with poor mental health outcomes including psychopathology and/or suicide. However, high risk individuals are often not referred for mental health care, highlighting an urgent treatment gap in a vulnerable population. We hypothesize that prior psychiatric inpatient hospitalization and post-deployment psychosocial risk factors will be positively associated with post-deployment alcohol use and subsequent psychiatric hospitalizations.

Method: Post-deployment health assessment data including demographic information, alcohol use, combat exposure, and psychosocial risk factors will be collected for a sample of Service members admitted to a psychiatric inpatient unit between 2001-2006 N=5,000) and a control sample (N=10,000) with no such history. Follow-up data on psychiatric inpatient hospitalization will be obtained for all participants from the Defense Medical Surveillance System.

Data analytic plan: Hypotheses will be tested using logistic regression to predict post-deployment alcohol use and subsequent inpatient psychiatric hospitalizations.

Specific Aims and Hypotheses

Aim 1: To compare a sample of military Service members with and without a history of psychiatric inpatient hospitalization on alcohol use as reported on the Post-Deployment Health Assessment (PDHA) and Post-Deployment Health Re-Assessment (PDHRA). **Research Question 1**: Are military Service members with a history of psychiatric inpatient hospitalization at greater risk for alcohol use post-deployment than those with no history of psychiatric inpatient hospitalization? **Hypothesis 1**: Military Service members with a history of psychiatric inpatient hospitalization are significantly more likely than those without such a history to report a higher frequency and amount of alcohol use on the completed PDHRA.

Aim 2: To compare a sample of military Service members with or without a history of psychiatric inpatient hospitalization on types of demographic and self-reported psychosocial factors most predictive of PDHRA-documented alcohol use. **Research Question 2**: Will the two samples differ on the types of demographic and self-reported psychosocial factors associated with PDHRA-documented alcohol use? **Hypothesis 2**: The following demographic and self-reported psychosocial factors will significantly predict alcohol use among the inpatient group only: younger age, male sex, lower rank, combat-related trauma exposure(s), impulsivity, irritability, sleep disturbance, depressive symptoms, suicide ideation, and interpersonal conflict.

Aim 3: To determine whether PDHRA-documented alcohol use is associated with subsequent psychiatric inpatient visits among the previously hospitalized sample. **Research Question 3**: Will PDHRA-documented alcohol use be associated with subsequent psychiatric inpatient visits among the sample previously hospitalized for psychiatric care? **Hypothesis 3**: PDHRA-documented alcohol use will demonstrate a significant positive association with the incidence of subsequent psychiatric inpatient visits.

Exploratory Hypothesis: PDHRA-documented self-appraisals associated with the extent of alcohol use will demonstrate a significant negative relationship with the incidence of subsequent psychiatric inpatient visits.

The Annual Convention in Washington D.C. was also a great opportunity for student members to network with other students and more senior members of Division 19. Many students attended the Division 19 social hour to learn more about military psychology and to learn about how to be involved in the division.

We expect 2012 to be another valuable year for our student members. We plan to offer a number of student travel awards for individuals with accepted posters and presentations to the upcoming convention. Additionally, we will be looking for outstanding research proposals in ALL areas of psychology for our student research grants. Additional information about our student awards may be obtained at: http://www.apa.org/about/awards/div-19-student.aspx.

We are very excited that the division 19 student webpage will soon be available. The site will showcase pictures of the student awardees and their posters from last year's convention, as well as provide valuable information about award applications and ways to get involved in military psychology. Additionally, our website will provide information to assist students in their transition to early career psychologists. Students can expect more opportunities from the division in the years to come to help facilitate the transition into military psychology and support early career psychologists.

We look forward to an exciting year ahead and hope to see you all at the 2012 Annual APA Convention! As always, if you are looking to get involved please send me an email (kristenmkochanski@gmail.com) and we will be happy to include you!



SOCIETY FOR MILITARY PSYCHOLOGY

Division 19 of the American Psychological Association
Student Research & Travel Awards



The Society for Military Psychology (Division 19) is pleased to announce its offering of the Annual Military Psychology Research and Travel Awards competition to recognize the contribution of students in the field of military psychology. Division 19 is dedicated to the promotion of research and its application to military problems. We believe that student contributions to the field of military psychology are valuable in furthering these efforts and should be recognized.

The purpose of the **Military Psychology Student Research Award** is to assist graduate and undergraduate students of psychology with costs associated with conducting research. Proposals in any area of psychology related to the advancement of military psychology will be considered.

The purpose of the **Military Psychology Student Travel Award** is to provide funding for student travel to professional conferences to present their already completed (or work in progress) research. This award is intended to help defray costs to attend the annual conference. Travel award winners must have an accepted poster/presentation with Division 19.

Student Research and Travel Award(s) will be presented to student(s) whose research reflects excellence in military psychology. **The deadline for entries is 1 May 2012.** Instructions and application materials can be obtained at http://www.apa.org/about/awards/div-19-student.aspx.

We look forward to your submissions!

APA PROGRAM CHAIR REPORT: APA 2012 CONVENTION IN ORLANDO, FLORIDA ANN LANDIS, Ph.D.

Hello Division 19 Members! I am so excited about being a part of this wonderful organization and am especially looking forward to serving as the Convention Program Chair. For those who do not know me, my name is Anne Landes and I am a staff psychologist at the Malcom Randall VAMC in Gainesville, Florida. Because of my familial connections with the military and work with Veterans, I am greatly interested in issues related to our Service Members and their families. Therefore, I do hope that through my role as Program Chair, I can continue to assist in the expansion and strengthening of our Division's leadership in, vision of, and contributions towards the improvement of the lives of our Service Men and Women and their families. This will require continued focus on quality programming that encourages advances in research, development of innovative clinical and teaching interventions, and continuing educational opportunities for military psychologists across the spectrum of their career.

Division 19 programming for the 120th Annual APA Convention in Orlando, Florida is packed with impressive speakers, presenters, and opportunities for networking. Much work went into developing the programming and I want to extend a hearty thank you to all of the reviewers for their leadership and time. Upon reviewing the schedule of events, you will see a variety of topics that will be truly worth attending. For instance, a conversation hour is scheduled to provide information about the career of military psychologists – I am sure this will prove to be a lively and engaging discussion. Other presentations include the psychology of survival in life-threatening situations, tele-behavioral health, therapeutic outdoor programming, behavioral health issues

of military children, and the ethics of boundaries and multiple roles deployment. Additionally, there are the two sessions poster that allow for more engagement with the presenters and their areas of research. As members who have attended past conferences can attest, the Business Meeting, Presidential Address and Social Hour are also venues that one would not want to And, of course we will have our hospitality suite available for socializing and networking.

During this time as Program Chair, I invite our members to provide ideas concerning ways that we can strengthen our programming. Some areas that I would appreciate input relate to increased collaboration between other divisions, future programming themes, and potential invited speakers and panels. If you have any wonderful ideas, are interested in assisting with program planning, or would like to be a reviewer, please do contact me at: div19prog@gmail.com.

Before parting, I want to thank you for allowing me this opportunity to serve in this capacity. I do look forward to seeing you at APA!



2012 APA Division 19 Program Summary

Date	Time	Title (session ID)			
Thu 8/2	8- 9:50 AM	Executive Committee Meeting for Division 19. (ID 0023)			
Thu 8/2	10 - 11:50 AM	Surviving the Threat: The Psychology of Survival in Life-Threatening Encounters (0700)			
Thu 8/2	1 - 2:50 PM	Tele-behavioral Health: An Emerging Solution for Addressing the Psychological Needs of Soldiers (0754)			
Thu 8/2	3 - 3:50 PM	Therapeutic Outdoor Adventure Programming: An Innovative Mental Health Service for OEF/OIF Veterans (0755)			
Fri 8/3	8 - 9:50 AM	When Everyone is a Potential Client: Boundaries and Multiple Roles During Military Deployments (0758)			
Fri 8/3	10- 10:50 AM	Poster Session 1 (Division 19) (0026)			
Fri 8/3	11 - 11:50 AM	Poster Session 2 (Division 19) (0027)			
Fri 8/3	2 - 2:50 PM	Business Meeting for Division 19. (0024)			
Fri 8/3	3 - 3:50 PM	Presidential Address for Division 19. (0025)			
Fri 8/3	4 - 5:50 PM	Social Hour for Division 19. (0028)			
Sat 8/4	10- 10:50 AM	A Comprehensive System of Community Based Care for Those Who Serve and Their Families (0750)			
Sat 8/4	11 - 12:50 PM	Reframing Perspectives on Suicide in the U.S. Military (0753))			
Sat 8/4	1 - :50 PM	Successful careers in military psychology: Wisdom offered by skilled professionals (0661)			
Sat 8/4	9 - 9:50 AM	Trust in military teams: Quantitative analyses of behavioral antecedents and outcomes (0756)			
Sun 8/5	8 - 8:50 AM	Utilization of Mobile Devices and Apps to Support the Psychological Health of Warriors and Veterans (0757)			
Sun 8/5	9 - 9:50 AM	Management of Sleep Disturbances in Mild Traumatic Brain Injury and Co-occurring Disorders (0751)			
Sun 8/5	10- 10:50 AM	Military Children: Behavioral Health Needs and Promising Programs (0752)			

ANNOUNCEMENTS

ERIC SURFACE, PH.D.

DIVISION 19 PRE-CONVENTION

WORKSHOP. Division 19 CE Committee will be sponsoring a 4 hour pre-convention workshop at the APA Convention in Orlando, Fl. The workshop is entitled "Providing Mental Health Care In and After Combat: Challenges, Rewards, Risks, and Growth" and will be presented by Heidi S. Kraft, Ph.D., a former Navy Psychologist and author of *Rule Number Two* (2007, Little, Brown & Co). Details will follow once the APA schedule is finalized.

DIVISION 19 APA AFTER PARTY. You are cordially invited to the Division 19 "After Party" to be held in the Division 19 Hospitality Suite at APA. This "After Party" affords us the opportunity to thank presenters for their hard work and allow members to network in a fun social environment. The —After Party" will be held at the Division 19 Hospitality Suite on Friday 3 AUG. Please RSVP to div19prog@gmail.com no later than July 1 2012-Ann Landes, Div 19 Program Chair.

DIVISION 19 MILITARY PSYCHOLOGY STUDENT RESEARCH AND TRAVEL

AWARDS FOR 2012. The Society for Military Psychology, APA Division 19 is pleased to announce its annual offering of the Military Psychology Student Research and Travel Awards Competition in recognition of student contribution to military psychology. This award is given to assist with costs associated with conducting research in any area of military psychology. The Military Psychology Travel Award is designed to help defray travel costs for student to attend the APA conference to present research accepted within the Division 19 APA Program. Travel award winners must have an accepted poster/presentation with Division 19. Research and Travel Award(s) will be presented to a student(s) at the Division 19 Business Meeting at APA. Deadline for entries is 1 May 2012. Instructions and application materials can be found at: http://www.apa.org/about/awards/div-19student.aspx.

DIVISION 19 MILITARY PSYCHOLOGY RESEARCH GRANTS PROGRAM. The

Society for Military Psychology is pleased to announce the research grant program to stimulate, promote and support cutting-edge research that advances the science of military psychology. Individual awards may be given for research within any area military psychology for up to \$5,000, but total funds available for awards given in the research grant program may not exceed \$15,000. Any Member (e.g., member/associate/fellow) or Affiliate Member (international/professional) may apply to the research grant program. Applicants must hold a doctoral degree at the time of application. Information regarding submission requirements. evaluation criteria and deliverables can be found elsewhere in this newsletter (pp. 21-22). Materials must be submitted electronically in pdf format no later than 30 MAY 2012, midnight (EST) to Kelly S. Ervin, Ph.D. (kelly.s.ervin.civ@mail.mil). List your name and the name of the award on the subject line of your email (e.g. Jane Smith, Society for Military Psychology Travel Grant Program). Winners will be notified prior to 30 JUNE 2012 and awards will be presented at the Division 19 Business Meeting at 120th APA Convention in Orlando, FL.

DIVISION 19 MILITARY PSYCHOLOGY

TRAVEL GRANTS PROGRAM. The Society for Military Psychology is pleased to announce the travel award program to support member attendance, participation and engagement in the Midvear and/or Annual Meeting of the Society for Military Psychology. Several awards of \$750 may be given to individuals to help defray costs of attendance, participation and engagement in Division activities. Any Member (e.g., member/associate/fellow) Affiliate Member (international/professional) may apply but preference will be given to applicants (a) who are presenting posters and papers; or (b) who are engaged in leadership activities within the Society. Special consideration will be given to Early Career Psychologists. Students are not eligible to apply for this award. Information regarding submission requirements, evaluation criteria and deliverables can be found elsewhere in this newsletter (p. 4). Materials must be submitted electronically in pdf format no later than 1 MAY 2012, midnight (EST) to the Chair of the Awards Committee, Kelly S. Ervin, Ph.D. (kelly.s.ervin.civ@mail.mil). List your name and the name of the award on the subject line of your email (e.g. Jane Smith, Society for Military Psychology Travel Award Program). Winners will be notified prior to 1 JUNE 2012 and awards will be presented at the Division 19 Business Meeting at 120th APA Convention in Orlando, FL.

APA 2012 CONVENTION TRAVEL **AWARDS FOR EARLY** CAREER PROFESSIONALS. The Committee on Early Career Psychologists is pleased to announce the travel award program for early career members from all areas of psychology (education, practice, public interest and science) to attend the 2012 APA Annual Convention in Orlando, Florida, August 2-5, at the Orange County Convention Center. Twenty award recipients will receive \$750 to be applied toward their 2012 APA Deadline for submission of convention expenses. materials is March 23, 2012, midnight (EST), Email or fax all materials to Sonja Wiggins (swiggins@ap.org); fax # 202-216-7628. Information is available at: http://www.apa.org/science/about/psa/2012/02/travelawards.aspx.

REQUEST FOR INFORMATION TO **HELP WITH NEW DIVISION 19 AND DIVISION 14 (SIOP).** Division 19 is working with Division 14 (the Society for Industrial and Organizational Psychology) to help returning service member transition out of the military and into the civilian workforce. This program is designed to connect SIOP members with personnel transitioning out of the military and help them with job searching skills. A pilot will be launched with ten SIOP volunteers. Member-At-Large Nathan Ainspan is coordinating this project for Division 19 and SIOP and is requesting assistance from the members of Division 19 to help identify materials, publications, and other resources for SIOP volunteers. We are specifically interested in receiving information and/or readings on military culture, PTSD, suicide, and TBI; as well as suggestions for places, organizations, or individuals we can contact to locate personnel that may be interested in participating in the pilot (i.e., service members transitioning out of the military). Contact Nate Ainspan (nate@ainspan.com/ 703.304.5904) with suggestions, recommendations, or if you would like to get involved with this initiative.

2012 SUMMER INTERNSHIP AT SWA CONSULTING INC. Are you a student currently enrolled in a graduate degree program in Industrial/Organizational psychology or a related social science discipline and interested in obtaining applied research and consulting experience? If so, we have a great opportunity for you! We are seeking interns for our 2012 Summer Internship Program in Consulting. This is a paid, temporary position. SWA Consulting Inc. is an organizational consulting and applied research firm based in Raleigh, NC. Our mission is to make a difference in learning and performance for individuals

and organizations. We invite you to learn more about our organization and the Summer Intern position by visiting our website at: http://www.swa-consulting.com/. From the Home page, click on Job Opportunities.

ATTENTION BEHAVIORAL HEALTH CARE PROFESSIONALS. National Health Promotion Associates (NHPA), a research and development firm located in White Plains, New York, is inviting a limited number of military psychologists and other behavioral health care providers to take part in an online survey and give feedback on a website called Prev4Military. We are particularly interested in receiving feedback from Military Psychologists and other behavioral health care providers to ensure the website provides access to the latest news and information about evidence-based workplace programs addressing health, wellness and drug use prevention. Prev4Military is intended to specifically introduce these programs to individuals working with young service members, as psychologists have a key role in that capacity, their input is highly valued. If you agree to contribute to the project, you will be asked to (1) Complete an online consent form and an online, confidential demographics questionnaire; (2) View the Prev4Military website; (3) Complete an online survey and provide feedback on each of the website's five components. All three tasks combined will take approximately one hour. After completion of the three tasks, you will be given a \$100 American Express debit card as a thank you for your participation. You may contact Laura Skrip (lskrip@nhpamail.com; 1.800.293.4969) if you are interested in participating or if you have any questions regarding this opportunity. We are asking that you contact us no later than May 25th. We also strongly encourage you to either share the project details with any colleagues you feel might be interested in participating or send us their contact information so we can make them aware of the project.

ASSISTANT/ASSOCIATE PROFESSOR (NON-TENURE/TENURE TRACK) The Department of Medicine, F. Edward Hébert School of Medicine, Uniformed Services University of the Health Sciences in Bethesda, Maryland invites applications for the position of Assistant/Associate Professor (tenure eligible track) available May 2012 (open until filled). Salary: \$66,196 to \$143,099 USD Per Year. DUTIES: The incumbent will serve as an Assistant or Associate Professor in MED and, as such, will be responsible for teaching, research and administrative assignments. In coordination with other faculty members of the department he/she will assist with curriculum design,

development, teaching and research related to courses, programs and other initiatives of the department, school of medicine or the university. The incumbent, with supervision from senior faculty, will play an essential role in the Graduate Program in MED and will serve as an investigator in the Long-Term Career Outcome Study (LTCOS). As an integral member of the LTCOS working group, the incumbent will assist in designing, developing, executing, and implementing scientific research. Additional duties include, serving as a key member of the Graduate Programs in MED, assisting with activities such as curriculum design, teaching, individual and program evaluation; serving as a thesis advisor and serving on departmental committees and university committees as the Chair, MED requests. QUALIFICATION REQUIREMENTS: The incumbent must have a minimum of Ph.D. degree in a social/behavioral science field, plus substantial experience in an academic environment. Experience planning, writing and implementing grant proposals with a track record of funding in education/medical education areas. Must have experience using analytical software (e.g., SPSS, SAS or STATA) to conduct statistical analyses. Experience with qualitative data analysis is highly desirable. Must possess experience in measurement, evaluation, and assessment practices in formal educational settings and have a track record of successful teaching in educational settings. The successful candidate must also have excellent writing and analytic skills, strong problem-solving abilities, and exceptional interpersonal, written, and oral communication skills. Familiarity with military medical training personnel programs and operational requirements is desirable. The candidate must be academically qualified for a faculty appointment at the Assistant/Associate Professor level in accordance with applicable USUHS academic policies. U. S. citizenship is required. The position sensitivity level is designated as non-critical sensitive and does not require a secret clearance. The incumbent must be able to obtain and maintain the non-critical sensitivity level. Nominees for this position shall be required to successfully complete an Access National Agency Check (ANACI). Failure to meet the requirement will result in the withdrawal of the position offer or removal from the position. INSTRUCTIONS TO CANDIDATES: To receive consideration, applicants must specify in their cover letter the academic rank for which they are applying. Review of applications will begin upon receipt and will continue until the position is filled. All application materials should be sent electronically. Interested candidates should submit a curriculum vitae, reprints of recent publications, a statement detailing academic and research interests, and the names and contact information of three references to: Solomon Levy,

MPH, Deputy Chair, Department of Medicine, Uniformed Services University of the Health Sciences, 4301 Jones Bridge Rd., Bethesda, MD 20814-4799. Email Address: solevv@usuhs.mi. Apply for this Position through My HigherEdJobs:

http://www.higheredjobs.com/details.cfm?jobcode=175 606165

AMMENDMENTS TO BY LAWS. At the Midyear Meeting of the Executive Committee of Division 19, several proposed amendments to the Division 19 By Laws were presented. Per established By Laws of Division 19, the EXCOM is forwarding the proposed amendments to inform it members before a formal approval can be considered. Amendments were made to permit electronic voting and to establish two standing committees on Early Career Psychologists and Continuing Education. Suggested amendments appear in bold below.

ARTICLE V. NOMINATIONS & ELECTIONS:

PARA 1. The Officers of the Division shall be elected by the Fellows, Members, and voting Associates of the Division (see Article II, Section 8), voting by mail **or electronic ballot** according to the preferential voting system employed by the Association.

PARA 3. Annually, at a time established by the deadlines provided by the Association, the Election Committee Chairperson shall send a nominations ballot to the Division membership. The ballot shall provide at least two places for each office to be filled. The nominations ballots, when returned by the membership, shall be forwarded to the Chairperson of the Election Committee. That Committee shall tally the votes, and, for each office to be filled, shall select at least two nominees willing to serve if elected. The persons thus nominated must be the two willing nominees standing highest in the balloting for the office. If two willing nominees can not be found on the basis of the nominating ballot, then one nominee may be selected by the Election Committee on the basis of standing in balloting or other exceptional qualification for office. The persons will be named in alphabetical order to the Secretary without identification as to source of the nominations. The Secretary of the Division or the Election Committee Chairperson shall then transmit the names of the persons nominated for each office to be filled to the Elections Committee of the Association in accordance with the Association's deadlines for inclusion in the election ballot mailed or electronically sent by the Association in accordance with the provisions of the Association's Bylaws.

ARTICLE VII COMMITTEES

PARA 10. The Early Career Psychologists Committee shall be a standing committee of the Division, with duties as provided in Article II, Sections 3, 4, and 5, of these Bylaws. The Early Career Psychologists Committee shall consist of three persons serving three-year staggered terms, with the senior member in terms of expiration of term normally serving as chairperson. Members, and voting Associates of the Division shall be eligible for appointment to the Early Career Psychologists Committee. To serve on the Early Career Psychologist Committee, potential members must have completed their doctorate within (7) seven or fewer years prior to their appointment to the Committee.

PARA 11. The Continuing Education Committee shall be a standing committee of the Division, with duties as provided in Article II, Sections 3, 4, and 5, of these Bylaws. The Continuing Education Committee shall consist of three persons serving three-year staggered terms, with the senior member in terms of expiration of term normally serving as chairperson. Fellows, Members, and voting Associates of the Division shall be eligible for appointment Continuing Education to the Committee.

ARTICLE VIII. DUES & ASSESSMENTS

PARA 2. Membership additional dues, and special assessments, may be recommended by the President with the approval of the Executive Committee of the Division, and shall be established by majority vote of the membership present and voting at an annual business meeting, or by mail **or electronic ballot**, as provided in Article II, Sections 8 and 9, of these Bylaws.

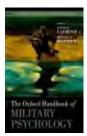
ARTICLE IX. AMENDMENTS

PARA 1. The Division, by two-thirds vote of the membership present and voting at any annual business meeting, or by a majority vote of the Division membership voting by mail **or electronic ballot**, as provided in Article II, Sections 8 and 9, of these Bylaws, may adopt such amendments to these Bylaws as have been (a) presented and read at the preceding annual business meeting, or (b) circulated to the Division membership at least one (1) month prior to the final vote on the proposed amendment(s). Circulation may be carried out either (a) by publication in the Division's Newsletter, (b) by separate mailing, postal or

electronic, to the last known addresses of the membership or (c) by website.

MILITARY PSYCHOLOGY WANTS

YOU! Anyone interested in serving as a reviewer for papers submitted to *Military Psychology* can do so by signing up to serve as a reviewer on the submission portal (http://mc.manuscriptcentral.com/hmlp).



OXFORD HANDBOOK OF MILITARY PSYCHOLOGY

The Oxford Handbook of Military Psychology edited by **Janice H. Laurence** and **Michael Matthews** was recently published by Oxford University Press (ISBN13: 978-0-19-539932-5; ISBN10: 0-19-539932-3).

The book contains 25 chapters written by international experts in military psychology that include uniformed soldiers, civilian employees of the military and other government agencies, academics and clinicians. The handbook provides a contemporary overview of how the science and practice of psychology has influenced the military organization and its members. Chapters within the handbook address a myriad of topics including but not limited to suitability for service, leadership, decision making, training, socio-cultural terrorism, competencies, diversity and cohesion, morale, qualityof-life, ethical challenges, and mental health and fitness. The handbook illustrates many of the ways in which modern psychology supports military personnel in their varied and complex missions and highlights the tremendous influence psychology has had on the military and society as a whole. For information go to http://ukcatalogue.oup.com/product/9780195399325.do

CONGRATULATIONS JEAN L. DYER!

Dr. Jean L. Dver retired from federal service on 1 March 2012. Dr. Dyer started her career with the Army in 1976 serving in various capacities within both the U.S. Army Infantry School in Fort Benning, GA and the U.S. Army Research Institute for the Behavioral and Social Sciences (ARI) at the Fort Benning Research Unit. Her work earned her a strong reputation as training researcher within the Army, especially in the areas of marksmanship, night operations, and ground Her exemplary Soldier-focused Soldier systems. research clearly advanced the ARI's goals to sustain and train the force and enhance Army readiness. She was awarded the Meritorious Civilian Service Medal on behalf of the Secretary of the Army at her retirement ceremony. Dr. Dyer accepted a position as Research Professor, College of Education and Health Professions, Columbus State University, Columbus,

Division 19 Membership Application Form

Name: Mailing address:								
Work phone:			Home phone:					
Fax:			Email address:					
APA membersh	nip number/category (if a	applicabl	e):					
□Member	□Associate	□Associate		□Life \$	□Life Status			
□Student Affiliate □International		Affiliate	□No Membership in APA					
Division 19 Me	mbership Desired:							
□Member/Assoc	□International Affiliate (\$30)			□Professional Affiliate (\$30)				
☐Student Affiliat	□Life Status Publication Fee (\$19)							
Mark one:	□ Renewal							
Cardholder name (the name appearing on credit card):								
Cardholder's bi	ling address:							
Credit card num				Expiration date:				
Card type (only	MasterCard, Visa, or A	merican	Express):					
Daytime phone	number and email addr	ess (if a	vailable):					
Amount to be c	harged in US Dollars:		Car	Cardholder signature:				

MAIL APPLICATION TO:

APA Division 19 Services, ATT Keith Cooke, 750 First Street, NE, Washington, DC 20002-4242

For questions call Keith Cooke at 202-216-7602 or email kcooke@apa.org

Please DO NOT fax or email credit card information!

On-line application is available at http://www.apa.org/about/division/div19.aspx

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INSTRUCTIONS FOR CONTRIBUTORS

Please read carefully before sending a submission.

The Military Psychologist encourages submissions of news, reports and non commercial information that (1) advances the science and practice of psychology within military organizations; (2) fosters professional development of psychologists and other professionals interested in the psychological study of the military through education, research and training; and (3) supports efforts to disseminate and apply scientific knowledge and state of the art advances in areas relevant to military psychology. Preference is given to submissions that have broad appeal to Division 19 members and are written to be understood by a diverse range of readers.

Preparation and Submission of Contributions. Authors may correspond via email with the Editor in Chief LTC Melba C. Stetz (melba.stetz@us.army.mil; mcstetz@yahoo.com) or any of the Section Editor(s): Feature Articles (aestrada1@vancouver.wsu.edu), Spotlight on Research (kratwani@aptima.com), Spotlight on History (paul.gade39@gmail.com), Spotlight **Pedagogy** (truhons@apsu.edu), Continuing Education on (faguapan@aol.com), **Psychologists** (jessica.gallus@us.army.mil), **Students Early** Career (kritenmkochansky@gmail.com), Announcements (esurface@swa-consulting.com) to inquire about potential contributions. All items should be submitted in electronic form (Word compatible) to the appropriate section editor (see above) for review and editorial processing. Feature Articles and Spotlight Articles (e.g., Research, History and Pedagogy) must be no longer than 3,000 words and include a title page that lists the author(s) name and the mailing address, phone number, and e-mail address of the corresponding author to whom communications about the manuscript should be directed. Submissions should be prepared in accordance with the most current edition of the Publication Manual of the American Psychological Association.

All graphics (including color or black and white photos) should be sized close to finish print size, at least 300 dpi resolution, and saved in TIF or EPS formats. Art and/or graphics must be submitted in camera-ready copy as well for possible scanning.

Included with the submission should be a statement that the material has not been published and is not under consideration for publication elsewhere. It will be assumed that the listed authors have approved the manuscript.

Preparation of Announcements. Items for the announcement sections should be succinct and brief. Calls and Announcements (up to 300 words) should include a brief description, contact information, and deadlines. Digital photos are welcome.

Review and Selection. Every submission is reviewed and evaluated by both the Section Editor and Editor in Chief for conformity to the overall guidelines and suitability for *The Military Psychologist*. In some cases, the Editor in Chief may ask members of the Editorial Board or Executive Committee to review the submission. Submissions well in advance of issue deadlines are appreciated and necessary for unsolicited manuscripts. However, the Editor in Chief and the Section Editor(s) reserve the right to determine the appropriate issue to publish an accepted submission. All items published in *The Military Psychologist* are copyrighted by the *Society for Military Psychology*.

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